

Student's name: \_\_\_\_\_ EWU ID: \_\_\_\_\_

Bachelor of Science in Exercise Science  
 Exercise Science option  
 2017-2018 Catalog Year

First year courses and prerequisites	Notes	Previously offered **
<input type="checkbox"/> GENERAL EDUCATION CORE REQUIREMENT (5 cr.)	Satisfies General Education Core Requirement	Every F, W, Sp, Su
<input type="checkbox"/> ENGL 101 COLL COMP: EXPOSITN & ARGUMNT (5 cr.) Prerequisite: ENGL 100, Writing Placement Test or General Advising.	Satisfies Writing Competency	F16, W17, Sp17, Su17
<input type="checkbox"/> CPLA 100 & 101 COMPUTER APPLICATIONS LITERACY (1 cr.)	Satisfies Computer Literacy Proficiency	Every F, W, Sp, Su
<input type="checkbox"/> CHEM 161 GEN CHEM FOR HEALTH SCIENCES (5 cr.) Prerequisite: Concurrent enrollment in or completion of MTHD 104 or MATH 107 or MATH 141 or equivalent. A high school chemistry course or CHEM 100 is highly recommended.	Satisfies Natural Science-Chemistry	F16, W17, Sp17
<input type="checkbox"/> GENERAL EDUCATION CORE REQUIREMENT (5 cr.)	Satisfies General Education Core Requirement	Every F, W, Sp, Su
<input type="checkbox"/> ENGL 201 COLL COMP: ANALYSIS/RES/DOCMNT (5 cr.) Prerequisite: ENGL 101, Writing Placement Test or general advising.	Satisfies Writing Proficiency	F16, W17, Sp17, Su17
<input type="checkbox"/> CHEM 162 ORG CHEM HEALTH SCI (5 cr.) Prerequisite: CHEM 161.	Satisfies Natural Science-Chemistry	F16, W17, Sp17, Su17
<input type="checkbox"/> MATH 107 MATHEMATICAL REASONING (5 cr.) Prerequisites: MTHD 104 or MTHD 106 or equivalent course, or a satisfactory score on the mathematics placement test (MPT); Computer Literacy Competency recommended.	Satisfies Math Reasoning Proficiency	F16, W17, Sp17, Su17
<input type="checkbox"/> GENERAL EDUCATION CORE REQUIREMENT (5 cr.)	Satisfies General Education Core Requirement	Every F, W, Sp, Su
<input type="checkbox"/> CHEM 163 BIOCHEM FOR HEALTH SCIENCES (5 cr.) Prerequisite: CHEM 162.		F16, W17, Sp17, Su17

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 Consult your academic advisor when choosing your electives. Your choices may affect your time to graduation.  
 To follow this MAP, you should place into MATH 107. If you place lower, your custom MAP may change.  
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Second year courses and prerequisites	Notes	Previously offered **
<input type="checkbox"/> PHED 349 ANATOMICAL KINESIOLOGY (4 cr.)		F16, W17, Su17
<input type="checkbox"/> GENERAL EDUCATION CORE REQUIREMENT (5 cr.)	Satisfies General Education Core Requirement	Every F, W, Sp, Su
<input type="checkbox"/> BIOL 232 HUMAN A & P NON-BIOL MAJORS (5 cr.) <i>Prerequisites: one course in college chemistry.</i>	Satisfies Natural Science-Biology	F16, Su17
<input type="checkbox"/> PHED 350 PHYSIOLOGICAL KINESIOLOGY (4 cr.)		F16, W17, Sp17, Su17
<input type="checkbox"/> HLED 193 STANDARD FIRST AID AND SAFETY (2 cr.)		F16, W17, Sp17, Su17
<input type="checkbox"/> GENERAL EDUCATION CORE REQUIREMENT (5 cr.)	Satisfies General Education Core Requirement	Every F, W, Sp, Su
<input type="checkbox"/> BIOL 233 HUMAN A & P NON-BIOL MAJORS (5 cr.) <i>Prerequisites: BIOL 232.</i>	Satisfies Natural Science-Biology	W17, Su17
<input type="checkbox"/> PHED 352 MECHANICAL KINESIOLOGY (4 cr.)		F16, W17, Sp17, Su17
<input type="checkbox"/> EXSC 301 INTRO TO EXERCISE SCIENCE (1 cr.) <i>Prerequisite: must be declared exercise science major.</i>		F16, Sp17
<input type="checkbox"/> ANY ELECTIVE TO REACH 180 CREDITS (5 cr.)		Every F, W, Sp, Su
<input type="checkbox"/> BIOL 234 HUMAN A & P NON-BIOL MAJORS (5 cr.) <i>Prerequisites: BIOL 233.</i>	Satisfies Natural Science-Biology	Sp17

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Third year courses and prerequisites	Notes	Previously offered **
<input type="checkbox"/> ANY ELECTIVE TO REACH 180 CREDITS (5 cr.)		Every F, W, Sp, Su
<input type="checkbox"/> CSBS 320 INTRODUCTORY STATISTICS (5 cr.) <i>Prerequisites: MTHD 104 or mathematics clearance by test.</i>		F16, W17, Sp17, Su17
<input type="checkbox"/> Communications elective (see catalog) (4-5 cr.)		
<input type="checkbox"/> HLED 372 APPL NUTRITN/PHYSICAL FITNESS (3 cr.)		F16, W17, Sp17, Su17
<input type="checkbox"/> ANY ELECTIVE TO REACH 180 CREDITS (5 cr.)		Every F, W, Sp, Su
<input type="checkbox"/> CULTURAL & GENDER DIVERSITY (UPPER-LEVEL) (5 cr.)	Satisfies Cultural & Gender Diversity	Every F, W, Sp, Su
<input type="checkbox"/> EXSC 481 or PHED 333 or or PHED 334 or PHED 335 (2-3 cr.)		
<input type="checkbox"/> EXSC 480 CLINICAL EXERCISE PHYSIOLOGY (3 cr.) <i>Prerequisites: PHED 350 or permission of the instructor.</i>		W17, Sp17
<input type="checkbox"/> ANY ELECTIVE TO REACH 180 CREDITS (5 cr.)		Every F, W, Sp, Su
<input type="checkbox"/> ANY ELECTIVE TO REACH 180 CREDITS (5 cr.)		Every F, W, Sp, Su
<input type="checkbox"/> EXSC 481 or PHED 333 or or PHED 334 or PHED 335 (2-3 cr.)		

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Fourth year courses and prerequisites	Notes	Previously offered **
<input type="checkbox"/> INTERNATIONAL STUDIES (UPPER-LEVEL) (5 cr.)	Satisfies International Studies	Every F, W, Sp, Su
<input type="checkbox"/> EXSC 460 PHYSIOLOGY OF EXERCISE (4 cr.) Prerequisites: PHED 349, PHED 350 and PHED 352 or permission of the instructor.		F16, W17
<input type="checkbox"/> EXSC 455 RESEARCH AND ANALYSIS (2 cr.) Prerequisite: CSBS 320.		F16, Sp17
<input type="checkbox"/> ANY ELECTIVE TO REACH 180 CREDITS (5 cr.)		Every F, W, Sp, Su
<input type="checkbox"/> EXSC 490 SR CAPSTONE IN EXERCISE SCI (4 cr.) Prerequisites: senior standing and EXSC 460.	Satisfies Senior Capstone	W17, Sp17
<input type="checkbox"/> ANY ELECTIVE TO REACH 180 CREDITS (5 cr.)		Every F, W, Sp, Su
<input type="checkbox"/> ANY ELECTIVE TO REACH 180 CREDITS (5 cr.)		Every F, W, Sp, Su
<input type="checkbox"/> ANY ELECTIVE TO REACH 180 CREDITS (2 cr.)		Every F, W, Sp, Su
<input type="checkbox"/> EXSC 488 PROFESSIONAL INTERNSHIP (10 cr.) Prerequisite: permission of the instructor.		F16, W17, Sp17, Su17

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