

College of Arts, Letters, and Education

Public Health BS

Why study Public Health?

The BS degree with a major in Public Health is designed to prepare students with the skills and knowledge to become public health practitioners in a rapidly growing field.

Public Health is about addressing health disparities, improving access to health care, creating healthier communities, controlling infectious disease, reducing environmental hazards, curbing violence, controlling substance abuse, limiting injuries, and reducing the impact of natural disasters. The successful effort to reduce malaria worldwide, lower infant mortality rates due to AIDS, and create strict environmental policies to reduce vehicle emissions are all Public Health efforts that occurred as a result of fostering partnerships.

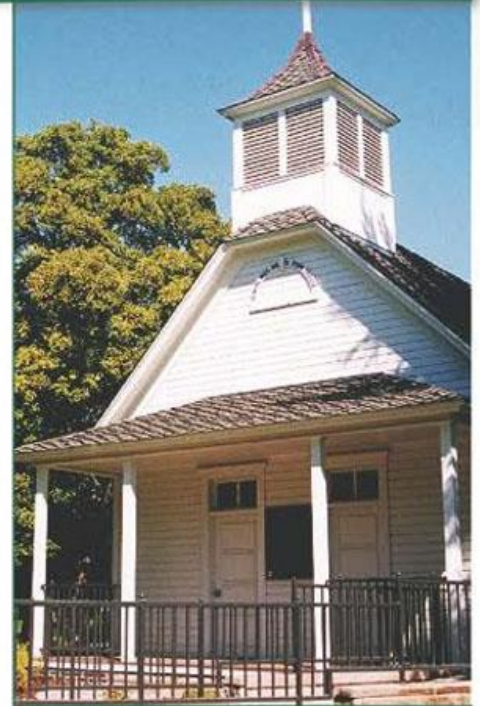
What can I do with a Public Health Degree?

The field of Public Health is vast. The list below provides some examples of careers that require a bachelor's degree while more complex roles may require a graduate degree.

- Community Health Worker
- Health Educator
- Health Promoter/Social Marketer
- Program Evaluator
- Refugee Coordinator

Special Features of Program

- Hands-on experiential learning
- Curriculum sequence with scaffolding of knowledge and skills, i.e. building on prior coursework
- Quasi-cohort model that allows progression through program with a small group of peers who develop team work and sense of community
- Development of social media skills for health promotion
- Volunteer work and service learning experiences in the community to build community engagement and enhance learning



Department Co-Chair

Dr. Matthew Chase
257 PEC
Cheney, WA 99004
509.359.7964
mchase@ewu.edu

Department Co-Chair

Dr. Alan Coelho
259 PEC
Cheney, WA 99004
509.359.4328
acoelho@ewu.edu

Department Assistant

Colleen Mastel
208 PE Building
Cheney, WA 99012
509.359.7961
cmastel@ewu.edu



<http://www.ewu.edu/cale>

This is an example of a four year class schedule. Academic Advisors are there to help create individualized plans.

First Year	Q1	Q2	Q3
	BACR (5 cr.)	BACR (5 cr.)	General Elective (2 cr.)
	CPLA 120 (5 cr.)	BACR (5 cr.)	CHEM 161 (5 cr.)
	ENGL 101 (5 cr.)	ENGL 201 (5 cr.)	MATH 107 (5 cr.)
Second Year	Q5	Q6	Q7
	CMST 200 (4 cr.) or CMST 20	Minor or recommended cou	Diversity (5 cr.)
	Minor or recommended cou	BIOL 233 (5 cr.)	Global (5 cr.)
	BIOL 232 (5 cr.)	TCOM 205 (5 cr.)	BIOL 234 (5 cr.)
Third Year	Q9	Q10	Q11
	HLED 256 (2 cr.)	Minor or recommended cou	General Elective (1 cr.)
	HLED 370 (4 cr.)	HLED 374 (3 cr.)	CSBS 320 (5 cr.)
	HLED 372 (3 cr.)	HLED 380 (4 cr.)	HLED 381 (3 cr.)
	HLED 475 (3 cr.)	HLED 383 (4 cr.)	
	PHED 350 (4 cr.)	HLED 440 (4 cr.)	
Fourth Year	Q13	Q14	Q15
	BACR (5 cr.)	General Elective (2 cr.)	HLED 482 (3 cr.)
	General Elective (5 cr.)	Minor or recommended cou	HLED 488 (12 cr.)
	HLED 450 (4 cr.)	Minor or recommended cou	
	HLED 490 (4 cr.)		

Listed is a Sample Four Year Plan. Individual plans will vary based on placement test scores and class availability.



Student's name: _____ EWU ID: _____

Bachelor of Science in Public Health
2018-2019 Catalog Year

College of Arts, Letters, and Education
SOAR Department: Phys Educ | SOAR Major: PUB
Major Declaration Form
Math proficiency needed: MATH 10

First year courses and prerequisites	Notes	Previously offered **
Q1 BACR (5 cr.)		
Q1 CPLA 120 COMPUTER APPLICATIONS LITERACY (5 cr.)	Note: this course includes preparation for and testing of Computer Literacy I and II so that students may satisfy computer literacy requirements by taking this course and passing the literacy tests.	F17, W18, Sp18, Su18
Q1 ENGL 101 COLL COMP: EXPOSITN & ARGUMNT (5 cr.) Prerequisite: Writing Placement Test or General Advising.	Satisfies: university competencies, writing.	F17, W18, Sp18, Su18
Q2 BACR (5 cr.)		
Q2 BACR (5 cr.)		
Q2 ENGL 201 COLL COMP: ANALYSIS/RES/DOCMNT (5 cr.) Prerequisite: ENGL 101, Writing Placement Test or general advising.	Satisfies: university proficiencies, writing.	F17, W18, Sp18, Su18
Q3 General Elective (2 cr.)		
Q3 CHEM 161 GEN CHEM FOR HEALTH SCIENCES (5 cr.) Prerequisite: Concurrent enrollment in or completion of MTHD 104 or MATH 107 or MATH 141 or equivalent. A high school chemistry course or CHEM 100 is highly recommended.	Satisfies: a BACR for natural sciences. Note: Laboratory work is included. A placement exam is given during the first week of classes.	F17, W18, Sp18
Q3 MATH 107 MATHEMATICAL REASONING (5 cr.) Prerequisites: MTHD 104 or MTHD 106 or equivalent course, or a satisfactory score on the mathematics placement test (MPT); Computer Literacy Competency recommended.	Satisfies: completion of this course with a grade \geq C satisfies the university proficiencies in mathematics.	F17, W18, Sp18, Su18

I have discussed this academic plan with the student listed above. Advisor name: _____ Advisor signature: _____

* See the catalog for prerequisites and other details.

** Future course offerings may differ from the past. Check the course schedule for future courses.

To follow this MAP, you should place into MATH 107. If you place lower, your custom MAP may change.

This list of courses is for information purposes only. All students are required to follow the catalog requirements for the year they declared a major.

Second year courses and prerequisites	Notes	Previously offered **
Q5 CMST 200 (4 cr.) or CMST 201 (5 cr.) (4 cr.)		
Q5 Minor or recommended course (5 cr.) (5 cr.)		
Q5 BIOL 232 HUMAN A & P NON-BIOL MAJORS (5 cr.) Prerequisites: one course in college chemistry.	Satisfies: a BACR for natural sciences.	F17, W18, Su18
Q6 Minor or recommended course (5 cr.) (5 cr.)		
Q6 BIOL 233 HUMAN A & P NON-BIOL MAJORS (5 cr.) Prerequisites: BIOL 232.	Satisfies: a BACR for natural sciences.	W18, Su18
Q6 TCOM 205 INTRO TO TECH COMMUNICATION (5 cr.) Prerequisite: ENGL 201.		F17, W18, Sp18, Su18
Q7 Diversity (5 cr.)		
Q7 Global (5 cr.)		
Q7 BIOL 234 HUMAN A & P NON-BIOL MAJORS (5 cr.) Prerequisites: BIOL 233.	Satisfies: a BACR for natural sciences.	Sp18

I have discussed this academic plan with the student listed above. Advisor name: _____ Advisor signature: _____

* See the catalog for prerequisites and other details.

** Future course offerings may differ from the past. Check the course schedule for future courses.

To follow this MAP, you should place into MATH 107. If you place lower, your custom MAP may change.

This list of courses is for information purposes only. All students are required to follow the catalog requirements for the year they declared a major.

Third year courses and prerequisites	Notes	Previously offered **
Q9 HLED 256 MEDICAL TERMINOLOGY (2 cr.)		F17, W18, Sp18, Su18
Q9 HLED 370 INTRO TO COMMUNITY PUBLIC HEAL (4 cr.) Prerequisite: declared Major in Health and Fitness or Public Health.		F17, Su18
Q9 HLED 372 APPL NUTRITN/PHYSICAL FITNESS (3 cr.)		F17, W18, Sp18, Su18
Q9 HLED 382 HEALTH DISPARITIES (4 cr.) Prerequisite: declared Public Health Major or permission of instructor.		F17
Q10 Minor or recommended course (5 cr.) (5 cr.)		
Q10 HLED 374 INTRO TO EPIDEMIOLOGY (3 cr.) Prerequisite: HLED 370 or permission of instructor.		W18
Q10 HLED 380 HEALTH BEHAVIOR CHANGE (4 cr.) Prerequisites: HLED 370 and HLED 382 or permission of instructor.		W18
Q10 HLED 475 HUMAN SEXUALITY (3 cr.) Prerequisite: declared major in Health and Fitness or Public Health.		W18, Su18
Q10 PHED 350 PHYSIOLOGICAL KINESIOLOGY (4 cr.)		F17, W18, Sp18, Su18
Q11 General Elective (1 cr.)		
Q11 CSBS 320 INTRODUCTORY STATISTICS (5 cr.) Prerequisites: MTHD 104 or mathematics clearance by test. MATH 107 recommended.		F17, W18, Sp18, Su18
Q11 HLED 381 MIND-BODY HEALTH (3 cr.) Prerequisite: HLED 370 or permission of instructor.		Sp18
Q11 HLED 383 ENVIRONMENTS FOR HEALTH (4 cr.) Prerequisite: HLED 380 or permission of instructor.	Note: taught spring quarter.	Sp18

I have discussed this academic plan with the student listed above. Advisor name: _____ Advisor signature: _____

* See the catalog for prerequisites and other details.

** Future course offerings may differ from the past. Check the course schedule for future courses.

To follow this MAP, you should place into MATH 107. If you place lower, your custom MAP may change.

This list of courses is for information purposes only. All students are required to follow the catalog requirements for the year they declared a major.

Q11

HLED 440 HEALTH PROMOTION PROGRAM DEV (4 cr.)

Prerequisite: HLED 380 or permission of instructor.

Sp18

I have discussed this academic plan with the student listed above. Advisor name: _____ Advisor signature: _____

* See the catalog for prerequisites and other details.

** Future course offerings may differ from the past. Check the course schedule for future courses.

To follow this MAP, you should place into MATH 107. If you place lower, your custom MAP may change.

This list of courses is for information purposes only. All students are required to follow the catalog requirements for the year they declared a major.

Fourth year courses and prerequisites	Notes	Previously offered **
Q13 BACR (5 cr.)		
Q13 General Elective (5 cr.)		
Q13 HLED 450 HEALTH PROMOTION IMPLEM & EVAL (4 cr.) Prerequisite: HLED 440 with a grade ≥ 2.5 .		F17
Q14 General Elective (2 cr.)		
Q14 Minor or recommended course (5 cr.) (5 cr.)		
Q14 Minor or recommended course (5 cr.) (5 cr.)		
Q14 HLED 490 SENIOR CAPSTONE PUBLIC HEALTH (4 cr.) Prerequisite: HLED 450 with a grade $\geq B-$.	Satisfies: a university graduation requirement's senior capstone. Note: this course is based on the Certified Health Education Specialist (CHES) competencies.	W18
Q15 HLED 482 GRANT WRITING IN PUBLIC HEALTH (3 cr.) Prerequisites: HLED 440 or permission of instructor.		Sp18, Su18
Q15 HLED 488 SERVICE LEARNING IN PH (12 cr.) Prerequisite: permission of instructor.	Note: Must obtain prior approval of the Public Health Program Director. This class will require 20-40 hours depending on the number of registered credits.	F17, W18, Sp18, Su18

I have discussed this academic plan with the student listed above. Advisor name: _____ Advisor signature: _____

* See the catalog for prerequisites and other details.

** Future course offerings may differ from the past. Check the course schedule for future courses.

To follow this MAP, you should place into MATH 107. If you place lower, your custom MAP may change.

This list of courses is for information purposes only. All students are required to follow the catalog requirements for the year they declared a major.

Flight Plan to Success

The following milestones will help you succeed and improve your experience at EWU.

Public Health, BS

College of Arts, Letters, and Education

