

Therapeutic Recreation BA

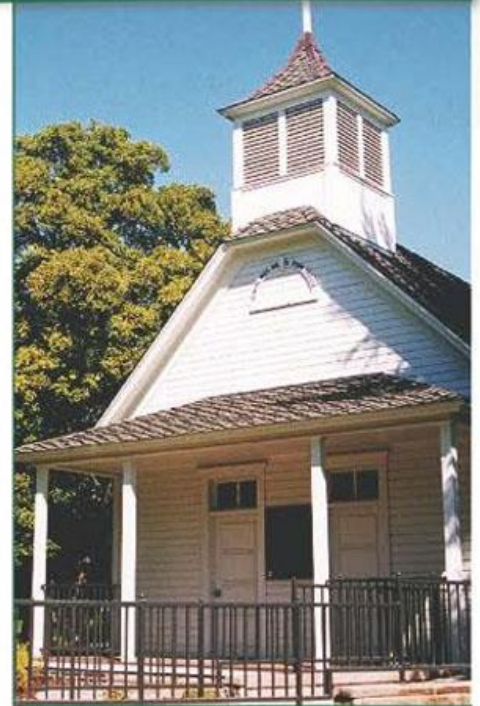
Why study Therapeutic Recreation?

Therapeutic Recreation Specialists are involved in helping individuals with disabilities or illnesses learn the skills necessary to develop satisfying leisure lifestyles. By using a variety of techniques, including arts and crafts, animal assisted therapy, sports, games, dance and movement, and community outings, the Recreation Therapist helps individuals reduce depression, stress, and anxiety; recover basic motor functioning and reasoning abilities; build confidence; and socialize effectively.

Career Opportunities

As an allied health professional, a Therapeutic Recreation Specialist would work in the following settings:

- Rehabilitation facilities (dealing with head injuries, spinal cord injuries, strokes, and orthopedics)
 - Psychiatric hospitals
- State institutions (for individuals with mental illness or developmental disabilities)
- Corrections
 - Group homes



Department Co-Chair

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This is an example of a four year class schedule. Academic Advisors are there to help create individualized plans.

First Year	Q1	Q2	Q3
	CPLA 120 (5 cr.)	BACR (5 cr.)	BACR (5 cr.)
	ENGL 101 (5 cr.)	BACR (5 cr.)	CHEM 100 (5 cr.) or 121 (5 cr.)
	PSYC 201 (5 cr.)	ENGL 201 (5 cr.)	MATH 107 (5 cr.)
Second Year	Q5	Q6	Q7
	General Elective (5 cr.)	Diversity (5 cr.)	BIOL 234 (5 cr.)* or HLED 25
	Global (5 cr.)	General Elective (5 cr.)	General Elective (5 cr.)
	BIOL 232 (5 cr.)	BIOL 233 (5 cr.)	General Elective (5 cr.)
Third Year	Q9	Q10	Q11
	General Elective (4 cr.)	RCLS 345 (3 cr.)	RCLS 220 (3 cr.)
	RCLS 201 (3 cr.)	RCLS 360 (3 cr.)	RCLS 313 (3 cr.)
	RCLS 240 (4 cr.)	RCLS 455 (3 cr.)	RCLS 425 (4 cr.)
	RCLS 385 (3 cr.)	RCLS 480 (4 cr.)	RCLS 445 (4 cr.)
Fourth Year	Q13	Q14	Q15
	RCLS 400 (4 cr.)	RCLS 420 (5 cr.)	PSYC 201 (5 cr.)
	RCLS 435 (2 cr.)	RCLS 440 (4 cr.)	PSYC 302 (5 cr.)
	RCLS 450 (4 cr.)	RCLS 490 (4 cr.)	RCLS 270 (3 cr.)
	RCLS 470 (4 cr.)		

Listed is a Sample Four Year Plan. Individual plans will vary based on placement test scores and class availability.



Student's name: _____ EWU ID: _____

Bachelor of Arts in Therapeutic Recreation
2018-2019 Catalog Year

College of Arts, Letters, and Education
SOAR Department: Phys Educ | SOAR Major: THER REC
Major Declaration Form: Therapeutic Recreation, BA-RECT
Math proficiency needed: MATH 10

First year courses and prerequisites	Notes	Previously offered **
Q1 CPLA 120 COMPUTER APPLICATIONS LITERACY (5 cr.)	Note: this course includes preparation for and testing of Computer Literacy I and II so that students may satisfy computer literacy requirements by taking this course and passing the literacy tests.	F17, W18, Sp18, Su18
Q1 ENGL 101 COLL COMP: EXPOSITN & ARGUMNT (5 cr.) Prerequisite: Writing Placement Test or General Advising.	Satisfies: university competencies, writing.	F17, W18, Sp18, Su18
Q1 PSYC 201 LIFE-SPAN DEVELOPMENT (5 cr.)	Satisfies: BACR for social sciences, list 2, anthropology, geography, psychology and sociology.	F17, W18, Sp18, Su18
Q2 BACR (5 cr.)		
Q2 BACR (5 cr.)		
Q2 ENGL 201 COLL COMP: ANALYSIS/RES/DOCMNT (5 cr.) Prerequisite: ENGL 101, Writing Placement Test or general advising.	Satisfies: university proficiencies, writing.	F17, W18, Sp18, Su18
Q3 BACR (5 cr.)		
Q3 CHEM 100 (5 cr.) or 121 (5 cr.) or 151 (5 cr.)* or 161 (5 cr.)* (121, 151, 161 GEGRs) (5 cr.)		
Q3 MATH 107 MATHEMATICAL REASONING (5 cr.) Prerequisites: MTHD 104 or MTHD 106 or equivalent course, or a satisfactory score on the mathematics placement test (MPT); Computer Literacy Competency recommended.	Satisfies: completion of this course with a grade \geq C satisfies the university proficiencies in mathematics.	F17, W18, Sp18, Su18

I have discussed this academic plan with the student listed above. Advisor name: _____ Advisor signature: _____

* See the catalog for prerequisites and other details.

** Future course offerings may differ from the past. Check the course schedule for future courses.

To follow this MAP, you should place into MATH 107. If you place lower, your custom MAP may change.

This list of courses is for information purposes only. All students are required to follow the catalog requirements for the year they declared a major.

In addition to the courses listed above, this major requires completion of two years of the same foreign language in high school or one year of a college-level foreign language.

Second year courses and prerequisites

Notes

Previously offered **

Q5	General Elective (5 cr.)		
Q5	Global (5 cr.)		
Q5	BIOL 232 HUMAN A & P NON-BIOL MAJORS (5 cr.) Prerequisites: one course in college chemistry.	Satisfies: a BACR for natural sciences.	F17, W18, Su18
Q6	Diversity (5 cr.)		
Q6	General Elective (5 cr.)		
Q6	BIOL 233 HUMAN A & P NON-BIOL MAJORS (5 cr.) Prerequisites: BIOL 232.	Satisfies: a BACR for natural sciences.	W18, Su18
Q7	BIOL 234 (5 cr.)* or HLED 256 (2 cr.) (2 cr.)		
Q7	General Elective (5 cr.)		
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Third year courses and prerequisites

Notes

Previously offered **

Q9	General Elective (4 cr.)	
Q9	RCLS 201 REC & LEISURE IN MOD SOC (3 cr.)	F17, Sp18
Q9	RCLS 240 OVERVIEW THERAPEUTIC REC SVS (4 cr.)	F17, Sp18
Q9	RCLS 385 PROGRAMMING IN RCLS (3 cr.)	F17, W18
Q10	RCLS 345 THERAP REC FOR PEOPLE W/DISAB (3 cr.) Prerequisite: declared Therapeutic Recreation Major or permission of instructor.	W18
Q10	RCLS 360 FACILITY PLAN & ENVIR DESIGN (3 cr.) Prerequisite: RCLS 201 and junior standing or permission of the instructor.	W18
Q10	RCLS 455 RESORT & COMMERCIAL REC MGMT (3 cr.) Prerequisites: RCLS 201.	W18, Sp18
Q10	RCLS 480 BUDGETING IN RCLS (4 cr.) Prerequisites: RCLS 201 and RCLS 385 or permission of the instructor.	W18
Q11	RCLS 220 LEADERSHIP IN RCLS (3 cr.) Prerequisites: must be a declared Recreation Major (Outdoor Recreation, Therapeutic Recreation or Recreation and Tourism Management) or Experiential Education and Group Facilitation Minor or permission of instructor.	F17, Sp18
Q11	RCLS 313 WILDLAND RECREATION MGMT (3 cr.) Prerequisite: RCLS 201.	F17, Sp18
Q11	RCLS 425 EVAL/RES/STATS IN RCLS (4 cr.) Prerequisites: RCLS 385 and junior standing or permission of the instructor.	Sp18
Q11	RCLS 445 PROC & TECH IN THERAPEUTIC REC (4 cr.) Prerequisites: declared Therapeutic Recreation Major or permission of instructor.	F17, W18, Sp18, Su18

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Fourth year courses and prerequisites	Notes	Previously offered **
Q13 RCLS 400 LEGAL FOUNDATIONS IN RCLS (4 cr.) Prerequisite: RCLS 201 and RCLS 220 or permission of the instructor.		F17, W18, Sp18, Su18
Q13 RCLS 435 EMPLOYMENT PROCESSES IN RCLS (2 cr.) Prerequisites: RCLS 201, RCLS 220 and senior standing.		F17
Q13 RCLS 450 ASSESS TECH IN THERAPEUTIC REC (4 cr.) Prerequisite: declared Therapeutic Recreation Major or permission of instructor.		F17, W18, Sp18, Su18
Q13 RCLS 470 ADMN/ORG/SUPERV IN RCLS (4 cr.) Prerequisite: RCLS 425 and senior standing or permission of the instructor.		F17, W18, Sp18, Su18
Q14 RCLS 420 PROG PLAN/EVAL THERAPEUTIC REC (5 cr.) Prerequisites: declared Therapeutic Recreation major or permission of instructor.		F17, W18, Sp18, Su18
Q14 RCLS 440 PROFESSIONAL ISSUES IN TR (4 cr.) Prerequisites: declared Therapeutic Recreation Major or permission of instructor.		F17, W18, Sp18, Su18
Q14 RCLS 490 SR. CAPSTONE IN RECREATION (4 cr.) Prerequisites: RCLS 470 and senior standing.	Satisfies: a university graduation requirement'senior capstone. Note: this course is designated as the capstone course for those students majoring in recreation and leisure services within the Department of PEHR.	W18
Q15 PSYC 201 LIFE-SPAN DEVELOPMENT (5 cr.)	Satisfies: BACR for social sciences, list 2, anthropology, geography, psychology and sociology.	F17, W18, Sp18, Su18
Q15 PSYC 302 ABNORMAL PSYCHOLOGY (5 cr.)		F17, W18, Sp18, Su18
Q15 RCLS 270 DIVERSITY SOC JUSTIC IN RCLS (3 cr.) Prerequisites: RCLS 201 or permission of instructor.		F17, Sp18
Q17 RCLS 493 THERAP REC PROF INTERNSHIP (12 cr.) Prerequisites: declared Therapeutic Recreation Major and compliance with RCLS Department's internship requirements or permission of instructor.		Su18

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Flight Plan to Success

The following milestones will help you succeed and improve your experience at EWU.

Therapeutic Recreation, BA

College of Arts, Letters, and Education

