

2009-10 Program Assessment Update

Department & Program: Exercise Science
 submitted by: Wendy Repovich, Director

As one part of ongoing program assessment at Eastern Washington University, each department is asked to report on assessment results for *each* program for *at least one* Student Learning Outcome this year. Use this electronic file to report on your program assessment for AY 2009-10, and please submit it to both your Dean and to Academic Affairs (SHW 220) by Nov. 1, 2010. The following definitions explain the assessment information you'll enter in the table below:

1. **Student Learning Outcome:** The student performance or learning objective as published either in the catalog, the AIEA assessment data portal, or elsewhere in your department literature.
2. **Strategy or method of measurement:** Mode and process through which student performance data was gathered. Examples: embedded test questions in a course or courses, portfolios, in-class activities, standardized test scores, case studies, analysis of written projects, etc. Additional detailed description could describe the use of rubrics, etc. as part of the assessment process.
3. **Observations gathered from data:** The findings and analysis of those findings from the above strategies.
4. **Actions recommended based on observations:** Course (activities or content) or program changes recommended.
5. **Plan and timeline for taking action:** How the recommended actions will be implemented, and in what timeframe.
6. **Overall evaluation of progress on objective:** The extent to which the student learning outcome is still valid and the assessment of it is producing important and meaningful data.

Please fill out a separate assessment table for each program of study (e.g., one table for BA-Art, another for BAE-Visual Arts, etc.) As needed, add additional rows to the table for each student learning outcome for which you gathered assessment results during 2009-10.

1. Student Learning Outcome	2. Strategy or method of measurement	3. Observations gathered from data	4. Actions recommended based on observations	5. Plan and timetable for taking action	6. Overall evaluation of progress on objective
Demonstrate competency in fitness testing of the relatively healthy population in all components of fitness – cardiovascular, muscle strength, endurance, flexibility and body composition.	Assessments completed during the lab portion of the EXSC 490, Senior Capstone in Exercise Science course.	Following significant practice during the quarter all students passed the individual practical exams for all components.	The available practice time appears to be appropriate based on the initial skill levels of the students. Everyone who took the certification exam for the components passed on the first try.	Continue to limit the number of students per section to allow enough practice for competence. Continue to supply all equipment and supplies necessary for the class.	Practice students receive from previous classes and community service opportunities is preparing them well for this component of the capstone course.