

As one part of ongoing program assessment at Eastern Washington University, each department is asked to report on assessment results for each program for at least one Student Learning Outcome this year. Use this electronic file to report on your program assessment for AY 2011-12, and please submit it to both your Dean and to Undergraduate Studies by Nov. 1, 2012. The following definitions explain the assessment information you'll enter in the table below:

1. **Student Learning Outcome:** The student performance or learning objective as published either in the catalog or elsewhere in your department literature.
2. **Strategy or method of measurement:** Mode and process through which student performance data was gathered. Examples: embedded test questions in a course or courses, portfolios, in-class activities, standardized test scores, case studies, analysis of written projects, etc. Additional detailed description could describe the use of rubrics, etc. as part of the assessment process.
3. **Observations gathered from data:** The findings and analysis of those findings from the above strategies.
4. **Actions recommended based on observations:** Course (activities or content) or program changes recommended.
5. **Plan and timeline for taking action:** How the recommended actions will be implemented, and in what timeframe.
6. **Overall evaluation of progress on objective:** The extent to which the student learning outcome is still valid and the assessment of it is producing important and meaningful data.

Please fill out a separate assessment table for each program of study (e.g., one table for BA-Art, another for BAE-Visual Arts, etc.) As needed, add additional rows to the table for each student learning outcome for which you gathered assessment results during 2011-12.

1. Student Learning Outcome	2. Strategy or method of measurement	3. Observations gathered from data	4. Actions recommended based on observations	5. Plan and timetable for taking action	6. Overall evaluation of progress on objective
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1. Student Learning Outcome	2. Strategy or method of measurement	3. Observations gathered from data	4. Actions recommended based on observations	5. Plan and timetable for taking action	6. Overall evaluation of progress on objective
<p>Demonstrate competency in fitness testing of the relatively healthy population in all components of fitness – cardiovascular, muscle strength, endurance, flexibility and body composition</p>	<p>In several classes, the test measurements are taught. In PHED 333 and 335, which are elective classes that students choose one or the other or both, fitness assessment in both individual and group settings are taught and assessed. In PHED 350, all the students go through the assessments, and learn how to analyze the data as they would if they were working with a client. In the Senior Capstone there is a 2-hour lab that teaches the students how to administer one assessment technique for each component and after significant practice there is a practical exam using subjects who are not in their lab.</p>	<p>The only one of the classes that I have direct observation is the capstone course, which I teach. I also hold the certification that is the basis for the assessments, so I am familiar with what is expected of the students. The certification exams no longer have a practical section so the exam can be electronic, and the professional organizations expect exercise science programs to assure the students are prepared for these experiences when they are working with clients as professionals.</p>	<p>At the present, there is no need for additional remedial work. We lowered the number of students in each lab section to make it possible to allow adequate practice for each student. They are not allowed to take the practical exam until they have completed all the practice sessions.</p>	<p>The only suggestion would be that there is a graduate student assigned as a lab instructor to have help with the practice sessions. The only problem would be to assure there is a graduate student who holds the certification who is then available to be the lab assistant.</p> <p>If the passage rates fall, or if there is feedback from either intern supervisors or professionals who are hiring our students saying they don't feel they are prepared, then possibly lowering the number in the lab sections would be needed.</p>	<p>This objective seems to be well covered with coursework, and the assessment done suggests students are adequately prepared for this objective and therefore able to either sit for the certification exam, or be hired as a professional to work with relatively healthy adults.</p>