

Climb Time – Course Syllabus

PHED 125



Course Description Activity course designed to promote physical activity, fitness and climbing competencies through regular use of the EWU Climbing Wall

Contact Information

Instructor: Zach Turner

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Grading & Evaluation

1. Total hours logged will be divided by 5 to determine the students' grade

<u>Attendance</u>	<u>Grade</u>	<u>Attendance</u>	<u>Grade</u>
20 hours	4.0	10 hours	2.0 (pass)
15 hours	3.0	1 – 10 hours	0.0 (no credit)

2. First-time students will not be allowed to log hours until the Climb Time Introduction on Canvas is completed.

3. **All students** must sign and complete a Syllabus and Par-Q to begin logging hours. Students will not be enrolled in the class at the kiosk until both documents have been completed.

4. Incomplete grades are not given for PHED 125 for any reason.

5. If student is enrolled in both PHED 125 and any other academic climbing course, hours logged for other classes may not be counted for Climb Time hours.

6. Climb Time students may count Wall hours that are logged during non-academic training such as belay certification class or lead climbing class.

LOGGED HOURS CRITERIA:

In order to receive credit for logging hours the following criteria must be met:

- The climbing session must last a minimum of 30 minutes
- Students are allowed a maximum of 2 hours per day.
- Students are allowed a maximum of 6 hours per week. A "week" begins on Monday and ends on Sunday.
- It is the student's responsibility to track visit time and ensure log in/out are successful.

PHED 125-39 COURSE REQUIREMENTS:

All Climb Time Students must check in and check out at the kiosk

1. **Logged Hours** – Students must have a Climbing Wall staff check you "in" and "out" at the kiosk to record time. It is the students' responsibility to ensure the check in is counted as PEHR class time.
2. **New students – Climb Time Introduction** and the **Course Syllabus** can be found on Canvas under *Files*. New students must go through the Climb Time Introduction prior to the first climbing session.

STUDENT ID CARDS:

All students must bring their current Eagle Card with them to access the URC Fitness Center. Failure to bring this card will result in no access to URC Fitness Center and loss of workout time.

**** All students are responsible for checking Canvas for updates ****

Due Dates

Week 1 and 2**Introductions**

Students will be enrolled at the kiosk within 24 hours after completing all required paperwork.

June 6th**Last day for grade requirements****Cheating Policy**

If a student is caught cheating in the course (i.e. scanning in the computer and leaving the facility, scanning in and not climbing, or using another individuals Eagle card) the following will occur: First occurrence is a 1.0 grade deduction. Second occurrence is a 0.0 grade in the course. Cheating in this course will not be tolerated and policies will be enforced by all climbing wall staff.

INJURY/ILLNESS:

Students who become injured or ill during the quarter need to inform the instructor immediately (359-4015). Medical documentation from a physician must be presented if seeking excused absence. This documentation must state the injury/ illness, the exercise limitations, and the expected length of time until full participation will be allowed (a maximum of 3 weeks of inactivity will be accepted upon physician's approval).

INSURANCE:

Eastern Washington University and the Department of Physical Education, Health and Recreation does not carry insurance covering students for health, accident or injury should it occur within a class or activity setting. Students are fully responsible for any costs incurred as a result of illness and/or injury in the Physical Education, Health and Recreation program at EWU. The responsibility for obtaining insurance rests with the student, parent or guardian.

SPECIAL NEEDS:

Persons with special needs may obtain personalized instruction upon request. Contact instructor: 359-4015.

I have read the course syllabus for PHED 125 and agree to abide by the policies outlined therein. I understand that I will receive no course credit for any work associated with this course if I do not sign this statement.

NAME (print)

DATE

SIGNATURE