



EWU Climbing Wall Proficiency Check – Top Rope Climbing

Staff Examiner: _____ Date of Proficiency Check: _____

Climber has read and signed the EWU Climbing Wall Liability Waiver form? Yes ____ No ____

*Please discuss the requirements of the top rope climbing proficiency check, and what constitutes passing and failing, before administering the test.

YES NO

Pre Climb

- ___ ___ Climber has been through the EWU Climbing Wall orientation.
- ___ ___ Examiner has discussed climber's previous climbing experience and level of competence.
- ___ ___ Climber has read and understands the EWU Climbing Wall rules.
- ___ ___ Secures harness properly (doubled webbing through buckles, appropriate tightness).
- ___ ___ Ties in with Figure 8 knot to correct points on harness.

Climber

- ___ ___ Inspects belayer's harness, belay set-up, locking carabiner and self.
- ___ ___ Demonstrates proper verbal commands.

Belayer

- ___ ___ Sets up proper belay and secures locking carabiner.
- ___ ___ Correctly sets up ground anchor.
- ___ ___ Inspects climber's harness, tie-in point, and figure 8 knot.
- ___ ___ Demonstrates proper verbal commands
- ___ ___ Demonstrates proper rope management.
- ___ ___ Eliminates slack without ever removing brake hand from rope.
- ___ ___ Catches climber properly on one or more falls.
- ___ ___ Safely lowers climber to ground and takes climber off belay when climber acknowledges "off belay."

Climber's Name: _____

Staff comments: _____

