Anti-Racism Resource Library

October 2022

AACAP Resources

- AACAP Facts For Families Children and Racism
- AACAP Stands in Solidarity with the Family of Mr. George Floyd
- Pioneers in Healthcare
- Asian American and PaciCc Islander Resource Library
- AACAP Responds to Police Shooting of Mr. Jacob Blake, Kenosha, Wisconsin
- AACAP Condemns Racism and Calls for End to Police Violence
- ECP Xtra Newsletter 8/24/20: Conversations in Racism
- President's Statement Recognizing Juneteenth
- Our Vision: An Anti-Racist Journal JAACAP
- AACAP Virtual Forum Healthcare Disparities Through the Lens of Diversity During the COVID-19 Pandemic (June 13, 2020)
- AACAP Screenside Chats Health Equities and Disparities in the COVID-19 Era A Conversation with AMA President Patrice A. Harris, MD
- Regarding the American Academy of Pediatrics' (AAP's) Recent Policy Statement on the Impact of Racism on Child and Adolescent Health (July 30, 2019)

Clinical Resources

- AACAP's Lecture Series on Improving Health Equity During the COVID-19 Era
- Addressing the Mental Health Needs of Racial and Ethnic Minority Youth A Guide for Practitioners from the American Psychological Association
- How Can We Better Engage Black Men as Patients? Clinical Psychiatry News By AACAP member Kevin A. Simon, MD

Anti-Racism Resources for Adults

- TEDx: "How Studying Privilege Systems Can Strengthen Compassion" by Peggy McIntosh
- Resources for White People to Learn and Talk About Race and Racism
- Tools and guidance on talking about race from the National Museum of African American History & Culture
- The Historical Legacy of Juneteenth

Anti-Racism Resources for Kids

- Coming Together: Talking to Children about Race, Ethnicity, and Culture New resources from Sesame Workshop, the nonproCt educational organization behind Sesame Street, to support families in talking to their children about race and racism.
- How to Talk to Your Kids About Anti-Racism: A List of Resources
- Your Kids Aren't Too Young to Talk About Race: Resource Roundup



- 21 Anti-Racism Videos To Share With Kids
- Talking to Kids About Racism The New York Times
- How to Raise an Anti-Racist Kid The New York Times
- A Kids Book About Racism
- Talking to Children About Race and Racism JAMA Pediatrics
- Anti-Racism Resources for Parents and Kids Healthline
- Teaching Children About Race Dr. Wanjiku Njoroge



Racism as a Public Health Crisis

- Racism and Coronavirus Centers for Disease Control and Prevention
- COVID-19 & Achieving Health Equity
- Racial and Ethnic Disparities in Mental Health Care: Evidence and Policy Implications
- The historical roots of racial disparities in the mental health system
- Racism as a Unique Social Determinant of Mental Health: Development of a Didactic Curriculum for Psychiatry Residents
- Racism in mental healthcare: An invisible barrier
- Virus, racism pose more mental health risks for black Americans
- Science Suggests Systemic Racism Causes Stress, Increases Disease Within Black, Brown Communities

Racism and Children

- Talking With Children About Racism, Police Brutality and Protests
- How to Talk Honestly With Children About Racism PBS
- George Floyd. Ahmaud Arbery. Breonna Taylor. What do we tell our children?
- It's never too early to talk with children about race Featuring AACAP members Amalia Londono Tobon, MD and Wanjiku Njoroge, MD

Racism and Mental Health

- How to combat the mental toll of racism PBS Video
- Black And African American Communities And Mental Health
- The Effects of Racism on Mental Health: How to Cope Anxiety and Depression Association of America
- The Impact of Racism on Children's Health The New York Times

Allied Groups

- Loveland Therapy Fund Providing Cnancial assistance to Black women and girls seeking therapy
- BEAM—Black Emotional and Mental Health Collective
- Community Healing Network
- Mental Health America
- Black Psychiatrists of America, Inc
- Black Mental Health Alliance

QUICK LINKS

- Family Resources
- Parents' Medication Guides
- Facts For Families
- Child and Adolescent Psychiatrist Finder
- Youth Resources
- Resources for Clinicians
- Resource Centers
- Child and Adolescent Psychiatrist Finder