Anti-Racism Resource Library

October 2022

AACAP Resources

- AACAP Facts For Families - Children and Racism
- AACAP Stands in Solidarity with the Family of Mr. George Floyd
- Pioneers in Healthcare
- Asian American and Pacific Islander Resource Library
- AACAP Responds to Police Shooting of Mr. Jacob Blake, Kenosha, Wisconsin
- AACAP Condemns Racism and Calls for End to Police Violence
- ECP Xtra Newsletter - 8/24/20: Conversations in Racism
- President's Statement Recognizing Juneteenth
- Our Vision: An Anti-Racist Journal - JAACAP
- AACAP Virtual Forum - Healthcare Disparities Through the Lens of Diversity During the COVID-19 Pandemic (June 13, 2020)
- AACAP Screenside Chats - Health Equities and Disparities in the COVID-19 Era - A Conversation with AMA President Patrice A. Harris, MD
- Regarding the American Academy of Pediatrics’ (AAP’s) Recent Policy Statement on the Impact of Racism on Child and Adolescent Health (July 30, 2019)

Clinical Resources

- AACAP’s Lecture Series on Improving Health Equity During the COVID-19 Era
- Addressing the Mental Health Needs of Racial and Ethnic Minority Youth - A Guide for Practitioners from the American Psychological Association
- How Can We Better Engage Black Men as Patients? - Clinical Psychiatry News - By AACAP member Kevin A. Simon, MD

Anti-Racism Resources for Adults

- TEDx: "How Studying Privilege Systems Can Strengthen Compassion" by Peggy McIntosh
- Resources for White People to Learn and Talk About Race and Racism
- Tools and guidance on talking about race from the National Museum of African American History & Culture
- The Historical Legacy of Juneteenth

Anti-Racism Resources for Kids

- Coming Together: Talking to Children about Race, Ethnicity, and Culture - New resources from Sesame Workshop, the nonproCt educational organization behind Sesame Street, to support families in talking to their children about race and racism.
- How to Talk to Your Kids About Anti-Racism: A List of Resources
- Your Kids Aren't Too Young to Talk About Race: Resource Roundup
Racism as a Public Health Crisis

- Racism and Coronavirus - Centers for Disease Control and Prevention
- COVID-19 & Achieving Health Equity
- Racial and Ethnic Disparities in Mental Health Care: Evidence and Policy Implications
- The historical roots of racial disparities in the mental health system
- Racism as a Unique Social Determinant of Mental Health: Development of a Didactic Curriculum for Psychiatry Residents
- Racism in mental healthcare: An invisible barrier
- Virus, racism pose more mental health risks for black Americans
- Science Suggests Systemic Racism Causes Stress, Increases Disease Within Black, Brown Communities

Racism and Children

- Talking With Children About Racism, Police Brutality and Protests
- How to Talk Honestly With Children About Racism - PBS
- George Floyd. Ahmaud Arbery. Breonna Taylor. What do we tell our children?
- It's never too early to talk with children about race - Featuring AACAP members Amalia Londono Tobon, MD and Wanjiku Njoroge, MD

Racism and Mental Health

- How to combat the mental toll of racism - PBS Video
- Black And African American Communities And Mental Health
- The Effects of Racism on Mental Health: How to Cope - Anxiety and Depression Association of America
- The Impact of Racism on Children's Health - The New York Times
Allied Groups

- Loveland Therapy Fund - Providing Financial assistance to Black women and girls seeking therapy
- BEAM—Black Emotional and Mental Health Collective
- Community Healing Network
- Mental Health America
- Black Psychiatrists of America, Inc
- Black Mental Health Alliance

QUICK LINKS

- Family Resources
- Parents’ Medication Guides
- Facts For Families
- Child and Adolescent Psychiatrist Finder
- Youth Resources
- Resources for Clinicians
- Resource Centers
- Child and Adolescent Psychiatrist Finder