



# Early Head Start

## ANNUAL REPORT\*

*July 1, 2012 – June 30, 2013*

### WHAT IS EWU EARLY HEAD START?

Eastern Washington University has served the citizens of Ferry, Stevens and Pend Oreille counties (locally known as the “Tri-counties”) for over 125 years.

Since 1998, EWU has operated a federal Early Head Start grant that provides comprehensive child health and development services and parent education to 116 low-income pregnant women, infants, toddlers and their families who live in the Tri-county area. EHS services are provided in a weekly home-visit model that serves children and families throughout the 6000 square mile service area.

The mission of the EWU EHS program is to:

*Help Parents Make a Difference in the Lives of their Children by actively engaging parents, families & communities as they prepare their infants & toddlers for Success in School by supporting:*

*Social and Emotional Development,  
Physical Development and Health,  
Approaches to Learning,  
Language and Literacy and  
Cognition and General Knowledge.*

**Parent engagement** in preparing children for success in school is the **heart and soul** of the EWU EHS program! Head Start defines school readiness as children possessing the skills, knowledge and attitudes necessary for success in school and for later learning and life. For our infant and toddlers, the responsibility for school readiness is largely that of the child’s parents.

The federal Office of Head Start has recognized EWU EHS as a **high quality program** with:

- extraordinary parent involvement that “*enhanced each child’s development, promoted the growth of the parents’ skills and abilities, and contributed to the successful accomplishment of goals for children and families in isolated areas in Northeastern Washington.*” [ACF Triennial On-site Monitoring Review Results, June 26, 2010]
- a child and family services individualization and integration system that was “*designed to ensure consistent, integrated, complete, individualized and deliberately planned services were provided to every pregnant woman, infant and toddler in the EHS home-based program, regardless of where they lived in the service area or which home visitor they were assigned*”. [ACF Triennial On-site Monitoring Review Results, July 11, 2013]

\*This report complies with Public Law 110-134, "Improving Head Start for School Readiness Act of 2007", Admin. Requirements and Standards Sec. 644. [42 U.S.C. 9839].  
Approved by EHS Policy Council 11-07-2013 and EHS Governing Board 11-12-2013

## FUNDING SOURCES

The EWU EHS program is a stand-alone Early Head Start program that received funding from the following sources in fiscal year 2012 (July 1, 2012 – June 30, 2013):

Funding Source	Amount
Early Head Start, OHS, DHHS	\$1,862,671
EWU Non-federal Share	\$465,668
<b>TOTAL FUNDING</b>	<b>\$2,328,339</b>

## BUDGET AND EXPENDITURES

Budget Category	Early Head Start	
	Approved Budget	Actual Expenditures
Personnel	\$883,668.84	\$850,310.89
Fringe Benefits	\$389,005.92	\$344,273.46
Travel	\$104,878.92	\$79,206.29
Equipment	\$0	\$23,526.14
Supplies	\$83,340.00	\$149,845.26
Contractual	\$10,650.00	\$5,288.80
Facilities/Construction	\$0	\$0
Other	\$221,795.16	\$246,488.41
Direct Costs	\$1,693,338.84	\$1,698,939.25
Indirect Costs	\$169,334.04	\$161,354.62
<b>Total</b>	<b>\$1,862,672.88</b>	<b>\$1,860,293.87</b>

Administrative Costs (including Indirect Costs): 14.15%

## FEDERAL OHS REVIEW AND STATE AUDIT FINDINGS

### *Single Audit Report*

Eastern Washington University did not have any findings or questioned costs in the *State of Washington Single Audit Report for FY 12*. [Washington Office of Management and Budget, [www.ofm.wa.gov](http://www.ofm.wa.gov)]

### *Office of Head Start Triennial Federal Review*

The federal Adult Child Family (ACF) Office of Head Start (OHS) Triennial On-Site Monitoring Review took place in April 2013. A review report dated July 11, 2013 identified an Area of Strength in Family Services and three areas of non-compliance (one each in recordkeeping and reporting, human resources and access to health and dental care). The corrections are in process at the time of the publication of this Annual Report and are anticipated to be fully remedied by mid-November 2013.

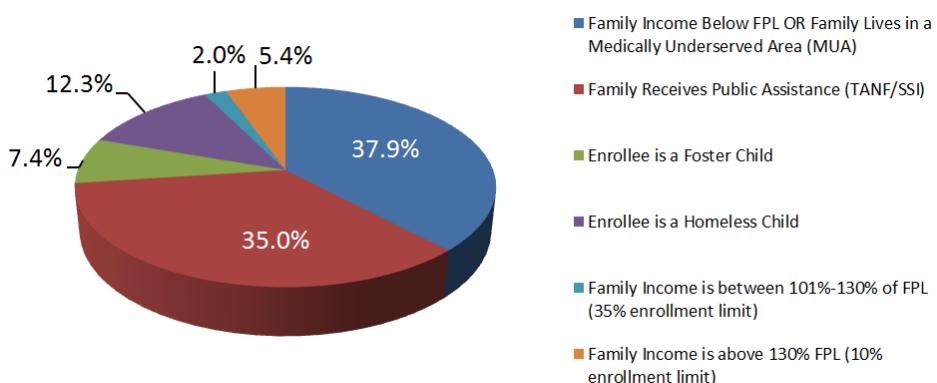
## EWU EHS FAMILIES IN 2013: ROUGH TIMES, REMOTE LOCATIONS

- *Youngest person* parenting an EHS infant or toddler: **15 years old (male)**
- *Oldest person* parenting an EHS infant or toddler: **85 years old (female)**
- *Homeless EHS infants & toddlers* this year: **30 children (17%)**
- *Single parent households* served by EHS this year: **50 (35% of enrolled families)**
- *Two parent households* served by EHS this year: **93 (65% of enrolled families)**
- Pregnant women served by EHS this year: **26 (14% of enrollment)**
- Families involved with Child Protective Services this year: **31 (22%)**
  
- EHS infants & toddlers with a diagnosed *developmental delay/disability* this year: **26 ( 15%)**
- EHS infants & toddlers in *foster care* or placed with a legal guardian this year: **27 (15%)**

## ELIGIBILITY AND ENROLLMENT

Enrollment & Eligibility Details: 2012 -2013	
<b>Funded enrollment / average monthly enrollment</b>	118
<b>Total <i>families</i> enrolled &amp; served during program year</b>	143
<b>Total <i>pregnant women, infants &amp; toddlers</i> enrolled and served during program year (enrolled prenatal mom + her baby born into program count as one enrollment)</b>	183
<b>Total <i>pregnant women, infants &amp; toddlers</i> determined to be eligible during program year</b>	215
<b>Percentage of <i>eligible pregnant women, infants &amp; toddlers</i> enrolled &amp; served during program year</b>	85%

### Eligibility of Children/Pregnant Women Enrolled & Served in 2012-2013



## CHILDREN'S MEDICAL AND DENTAL EXAMS

2012-2013 Child Medical and Dental Exams	
% of Enrolled Children Up-To-Date as Possible the Medicaid schedule of Well Child Exams	100%
% of Enrolled Children Up-To-Date as Possible on Required Immunizations	98%
# of Children Up-To-Date on a schedule of age-appropriate preventive & primary oral health care per the Medicaid schedule of preventive services	159
# of Children With Continuous, Accessible Dental Care Provided by a Dentist	122

## **EWU EHS EFFORTS TO PREPARE CHILDREN FOR KINDERGARTEN**

By providing high quality, continuous and comprehensive child development and family support services, EWU EHS staff members build trusting and respectful relationships with families that integrate their values, beliefs and caregiving practices. Ensuring positive relationships through nurturing experiences during the earliest years supports children's developmental competence throughout their preschool and grade-school years.

Infants' and toddlers' well-being and competence are developed in the context of trusting relationships and can be measured in ***FIVE ESSENTIAL DOMAINS:(1) Social and Emotional Development, (2) Physical Development and Health, (3) Approaches to Learning, (4) Language and Literacy and (5) Cognition and General Knowledge.***

### ***EWU EHS and Parents Laying A Foundation for Child Success in School***

- ❖ Assuring priority enrollment for children with developmental delays or disabilities
- ❖ Conducting individual developmental screenings and ongoing assessments for each child including all 5 essential developmental domains as well as hearing and vision screenings on an ongoing basis
- ❖ Referring to and collaborating with disabilities services providers for evaluation, planning and implementation of therapies and support services, including support for transition into school-based developmental services and Head Start
- ❖ Planning and implementing, in partnership with parents, strengths-based, individualized and comprehensive services for 100% of EHS enrolled children that address child development across all domains as well as nutrition and oral health
- ❖ Providing weekly home-based Early Head Start child development services and 2 socialization experiences per month for each child

### ***School Readiness (i.e. Kindergarten preparedness) Data***

- ❖ Aggregated data from developmental screenings, assessments and parent/staff observations (analyzed 3 times per year) indicates that overall 15% of infants and toddlers had diagnosed developmental delays or disabilities in 2012-13 resulting in the development of an IFSP
- ❖ An additional 9% of infants and toddlers had indicators of possible or developing delays, and parents and staff were actively partnering in the developmental referral and evaluation process.
- ❖ At any data point in the year, approximately 26% of EHS infants and toddlers had concerns identified by parents or staff that were being addressed through consultation, observation or additional experience planning to support developing competencies.
- ❖ Speech and language delays are the most prevalent with social and emotional delays consistently ranking 2<sup>nd</sup>. Two-thirds of EHS infants and toddlers with diagnosed delays are male, one-third are female.
- ❖ EWU develops and implements program improvement plans utilizing information garnered from data analysis. Activities include professional development, curriculum and experience planning refinements and data and reporting enhancements.
- ❖ EWU EHS collaborates with NEW ESD 101 and 21 school districts on disability services for children.

### ***Parents Making a Difference in the Lives of their Children...Now & In the Future!***

- ❖ Parents ***volunteered over 30,000 hours*** of their time to implement the work of EWU EHS with their children and in their community. Parent involvement activities included participation in: weekly EHS home visits; semi-monthly socialization experiences; screening and assessment of children's needs, strengths, temperaments and interests; goal setting for children, parents and family; and the design and implementation of EHS learning experiences.
- ❖ *The EWU Early Head Start Policy Council*, made up of 18 parent and community representatives, meets on a monthly basis to conduct planning and to participate program self-assessment, community assessment, budgeting, personnel decisions and policy and grant development.

*Additional information may be obtained at [access.ewu.edu/ehs.xml](http://access.ewu.edu/ehs.xml) or by contacting:  
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