



# Early Head Start

## ANNUAL REPORT

July 1, 2013 - June 30, 2014

*Serving children and families in Ferry, Stevens and Pend Oreille counties since 1998*



Eastern Washington University's Early Head Start is a **FREE** comprehensive health and development program for eligible pregnant women, infants and toddlers that:

***Prepares infants and toddlers ages zero-to-three for **Success in School and in life** by engaging and equipping parents to carry out their unique roles as: primary nurturer, first teacher, and best advocate by...***

- ❖ *Partnering with parents to assess their child's progress in five domains: social and emotional, physical development and health, approaches to learning, language and literacy and cognition;*
- ❖ *Engaging parents in planning and carrying out individualized learning experiences in the child's own home and in parent-child socialization groups;*
- ❖ *Empowering parents to access early intervention services for developmental concerns; and*
- ❖ *Equipping parents to confidently and effectively advocate for their child's health and developmental needs...now and in the future.*

## FUNDING SOURCES

EWU Early Head Start is a stand-alone program that received funding from the following sources in fiscal year 2013 (July 1, 2013 – June 30, 2014):

Early Head Start, Office of Head Start, ACF/DHHS Award	\$1,766,902
Non-federal share required, 20% of total funding	<u>441,726</u>
Total	\$2,208,628

## BUDGET AND EXPENDITURES

Early Head Start FY 13 Federal Funding: Budget vs. Actuals		
Budget Category	Approved Budget	Actual Expenditures
Personnel	\$815,640	\$809,199.40
Fringe Benefits	\$330,939	\$335,085.58
Travel	\$25,969	\$38,276.53
Equipment	\$0	-
Supplies	\$107,959	\$79,380.96
Contractual	\$6,593	\$4,029.60
Facilities/Construction	\$0	-
Other	\$319,174	\$325,681.43
Direct Costs	\$1,606,274	\$1,591,653.50
Indirect Costs	\$160,628	\$158,598.75
<b>Total</b>	<b>\$1,766,902</b>	<b>\$1,750,252.25</b>

Administrative costs (including indirect costs): 14.15% Non-federal share provided: \$441,726

## FEDERAL OHS REVIEW AND STATE AUDIT FINDINGS

### *State of Washington Single Audit*

Eastern Washington University did not have any findings or questioned costs in the *State of Washington Single Audit Report for FY 13*. [Washington State Auditor's Office, [www.sao.wa.gov/generalinfo/Documents/2013\\_SWSA\\_Summary.pdf](http://www.sao.wa.gov/generalinfo/Documents/2013_SWSA_Summary.pdf)]

### *Administration for Children and Families (ACF) Monitoring Review*

In November 2013, the Administration for Children and Families (ACF) conducted a monitoring review of the Eastern Washington University Early Head Start program and determined that the three findings identified in the previous April 2013 review were corrected. No additional corrective actions were required.

## CHILDREN'S MEDICAL AND DENTAL EXAMS

2013-2014 Child Medical and Dental Exams	
% of Enrolled Children Up-To-Date as Possible on Medicaid Well Child Exams schedule	97%
% of Enrolled Children Up-To-Date as Possible on Required Immunizations	98%
# of Children Up-To-Date on a schedule of age-appropriate preventive & primary oral health care per the Medicaid schedule of preventive services	154
# of Children With Continuous, Accessible Dental Care Provided by a Dentist	133

## EWU EHS FAMILIES IN 2013

- **Youngest person** parenting an EHS infant or toddler: **18 years old (female)**
- **Oldest person** parenting an EHS infant or toddler: **70 years old (male)**
- Single parent households served by EHS this year: **33% of enrolled families**
- Two parent households served by EHS this year: **67% of enrolled families**
- Pregnant women served by EHS this year: **12% of enrolled slots**
  
- **Homeless** EHS infants & toddlers this year: **15% of enrolled children**
- Families involved with Child Protective Services this year: **22% of enrolled families**
- EHS infants & toddlers with a diagnosed **developmental delay/disability** this year: **16% of children**
- EHS infants & toddlers in **foster care** or placed with a legal guardian this year: **10% of children**

## SERVICE AREA AND PROGRAM DESIGN

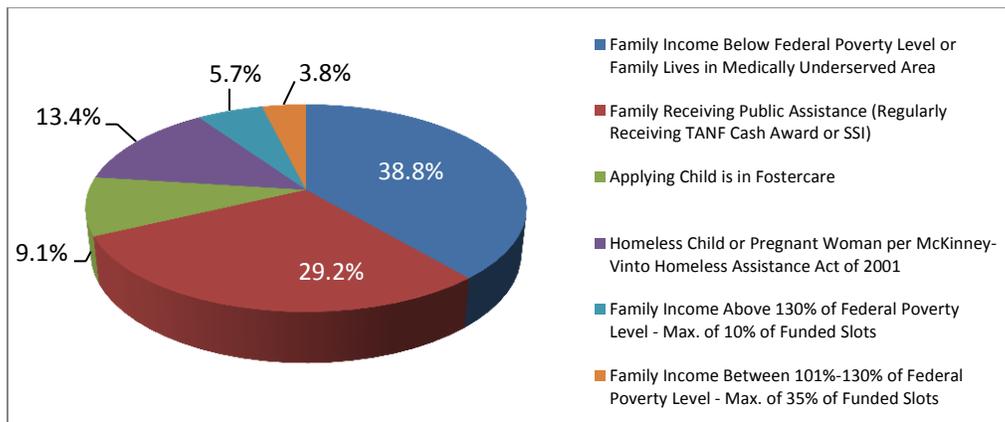
The EWU Early Head Start service area covers 6000 square miles of Ferry, Stevens and Pend Oreille counties in northeast Washington State, bordered to the north by Canada and to the east by the Idaho panhandle. These counties are federally designated frontier areas and medically underserved areas. Only five towns have populations over 1000 and only one has more than 5000 citizens. Most enrolled families drive 30 minutes to 2 ½ hours to get their groceries, social services and medical services.

To reach these isolated populations, EWU operates a home-based model that provides weekly Early Head Start services to families throughout the service area. Home visitors live and work in the communities they serve and are supported by a team of well-qualified and experienced managers and consultants with expertise in prenatal and infant/toddler health, nutrition, development, disabilities, infant mental health and family services. EWU Early Head Start has served the Tri-Counties since 1998.

## ELIGIBILITY AND ENROLLMENT

Enrollment & Eligibility Details: 2013-2014	
Funded enrollment / average monthly enrollment	116/117
Total <b>families</b> enrolled & served during program year	144
Total <b>pregnant women, infants &amp; toddlers</b> enrolled and served this year ( <i>enrolled prenatal mom + her baby born into program count as one enrollment</i> )	192
Total <b>pregnant women and children</b> determined to be eligible this year	209
Percentage of <b>eligible pregnant women, infants &amp; toddlers</b> enrolled & served during program year	91%

### Eligibility of Pregnant Women and Children Enrolled & Served in 2013-2014



## EWU EHS EFFORTS TO PREPARE CHILDREN FOR KINDERGARTEN

Children ages zero-to-three experience the largest brain growth and development of any period in their life. And it happens before kindergarten, or even preschool, begins.

Much of their extraordinary development occurs during the routine activities of life: nursing, eating, waking and sleeping, diapering, bathing, interacting with people and while observing and exploring their own world. A child's first teachers are their parents and families and their classroom is the world around them, wherever that may be.

The overarching school readiness goal of the EWU Early Head Start program is:

***To help parents prepare their child for success in school and in life by ensuring each child is making progress toward fulfilling their developmental potential.***

The primary functions of a school readiness program for very young children and of Early Head Start are to:

- ✓ Optimize health, oral health and nutrition to prevent future problems and to identify and address concerns early.
- ✓ Continually monitor developmental progress beginning at birth and, through observation, screening and assessment, identify and intervene as early as possible should developmental concerns arise.
- ✓ Promote development by creating rich learning environments and experiences that are appropriate for the child's individual development, temperament, strengths, challenges and interests and are provided in relationship with their parents, in the context of their family culture, and whenever possible, in the family's home.
- ✓ Support the healthy social and emotional development and resiliency of the child by equipping parents to engage with their child in nurturing, responsive and developmentally appropriate ways.
- ✓ Keep the child safe as they explore the world with their mouth and hands and learn to crawl, walk, run and climb.

### ***EWU EHS and Parents Laying a Foundation for Child Success in School***

- ❖ Conducting individual developmental screenings and ongoing assessments for each child including all 5 essential developmental domains as well as hearing and vision screenings on an ongoing basis.
- ❖ Collaborating with Early Services for Infants and Toddlers (ESIT), school districts, therapists and specialists for disabilities services, including Early Child Education Assistance Program (ECEAP) and Head Start transitions.
- ❖ Partnering with parents to plan and implement home-based, individualized and comprehensive services for enrolled children that address child development across all domains.

### ***School Readiness (i.e. Kindergarten preparedness) Data***

- ❖ Children who are developing as expected in all domains (approximately **84%** of EHS children), receive individualized experiences to support and promote their continuing development.
- ❖ Aggregated data from developmental screenings, assessments and parent/staff observations (analyzed 3 times per year) indicated that overall **16%** of infants and toddlers had diagnosed developmental delays or disabilities in 2013-14 that resulted in the development of an Individualized Family Services Plan (IFSP) for disabilities services.
- ❖ An additional **9%** of infants and toddlers had indicators of possible or developing delays, and parents and staff were actively partnering in the developmental referral and evaluation process.
- ❖ Speech and language delays were the most prevalent, followed by motor development and social-emotional development. Typically two-thirds of identified delays are in males, and one-third in females.

### ***Data-Informed Program-Improvement Initiatives***

EWU implemented program improvements utilizing information garnered from data analysis including: selection and implementation of a new curriculum, in-service professional development intensives on observation skills, goal development, developmental parenting, home visit planning, outcome measurements and family engagement skills.

*Additional information may be obtained at [access.ewu.edu/ehs](http://access.ewu.edu/ehs) or by contacting:  
EWU Early Head Start, 202 E. Spokane Falls Blvd., Suite 202, Spokane, Washington 99202 509.456.2951*