

# Asian American & Pacific Islander Heritage Month

**FIND OUT MORE AND GET LINKS TO ATTEND:**

<http://bit.ly/ewuaapi>

**Collection of EWU Library AAPI Resources:**  
<https://research.ewu.edu/aapi21>  
**Watch an overview of AAPI resources @EWU Libraries:** <https://youtu.be/2--NabVwWhU>

**Monday, May 3**

## **Trauma and Healing in Asian American Communities Today**

**Noon - 1 p.m.**

Keynote speaker, Dr. Sumie Okazaki's current research focuses on the twin impact of anti-Asian racism and anti-Black racism during the pandemic on Asian Americans' wellbeing. Join us as she discusses the lessons emerging about individual and community actions promoting healing, resilience, and solidarity.



**Every Wednesday in May**

## **PBS Asian Americans Documentary Discussion Series**

**Noon - 1 p.m.**

Watch episodes in advance of each session. This series delivers a bold, fresh perspective on a history that matters today, more than ever. **Open to EWU-affiliated attendees. EWU SSO required for attendance.**

**May 5** Episode 1: In an era of exclusion and U.S. empire, new immigrants arrived and adapted to life in America. Discussion will be facilitated by Dr. Liping Zhu, History.

**May 12** Episode 2: An American-born generation straddled their country of birth and their parents' homelands. Discussion will be facilitated by Steven Bingo, EWU Libraries.

**May 19** Episode 3: Asian Americans fought for equality and expanded the definition of "Asian-American." Discussion will be facilitated by Qing Stellwagen, EWU Libraries.

**May 26** Episodes 4&5: At the turn of the new millennium, the U.S. became more diverse, yet more divided. Discussion will be facilitated by Dr. Pui-Yan Lam, Sociology and Justice Studies.

**Thursday, May 6**

## **Cultural Cooking: Spam Musubi**

**Noon - 1 p.m.**

Join us as Hui 'O Hawai'i teaches us to make Spam Musubis, a staple on the islands of Hawai'i with Japanese influence - if you haven't tried them you are missing out!

Hosted by: Multicultural Center and Hui 'O Hawai'i

**Wednesday, May 12**

## **The Complexity of Asian American & Pacific Islander Identities: A Conversation**

**5 - 6:30 p.m.**

Asian and Pacific Islander communities, although often grouped into one acronym, are made up of large vibrant and ethnically diverse identities. Panelists will explore the shared experiences, unique challenges, and complexities for members of AAPI communities.

**Moderator:** Rowena Pineda

**Panelists:** Tamika Williams, Sam Lee, Ryann Louie, Sarah Dixit and Kiana McKenna.

**Tuesday, May 18**

## **Cultural Conversation: Does Family Really Come First?**

**Noon - 1:30 p.m.**

We will discuss the role of family in our lives, what truly makes a family, and how to balance familial expectations, individuality, and honoring our roots.

Hosted by: Multicultural Center

**Thursday, May 20**

## **Bystander Intervention Training: How Members of the EWU Community Can Help Stop Anti-Asian/Asian American Hate & Racism**

**11 a.m. - 12:30 p.m.**

This bystander intervention training introduces the "5 Ds" approach in conversation specific to interventions in a university setting.

Hosted by: Dr. Pui-Yan Lam, Department of Sociology and Justice Studies  
Open to EWU-affiliated attendees. EWU SSO required for attendance.

**Thursday, May 27**

## **Cultural Cooking: Lumpia**

**Noon - 1 p.m.**

Join Gracia and her mother, Susanna, as they make traditional beef and cabbage lumpia served with a sweet chili sauce. Lumpia is a traditional party dish of the Philippines.

Hosted by: Multicultural Center.

**Monday, May 21 and 28**

## **AAPI Cinema Screenings and Discussion: Minari & Kapaemahu**

Outdoor Movie: May 21 8:30 p.m.

Virtual Screening: May 21 6 p.m.

Film Discussion: May 28 1 p.m.

*Kapaemahu* reveals the healing power of four mysterious stones on Waikiki Beach. Long ago, four extraordinary individuals of dual male and female spirit brought the healing arts from Tahiti to Hawaii. *Minari* is a tender and sweeping story about what roots us and follows a Korean-American family that moves to an Arkansas farm in search of their own American Dream.



**Contact Lisa Logan at [llogan83@ewu.edu](mailto:llogan83@ewu.edu) seven business days in advance to make accommodation arrangements.**

**Sponsors:** Multicultural Center, Department of Geography and Anthropology, Film Society, Eagle Entertainment, Eagle Sound, ASEWU, Libraries, Student Activities, Involvement & Leadership, Gender, Women's & Sexuality Studies, Women's and Gender Education Center, Office of Diversity, Equity & Inclusion, Department of Sociology & Justice Studies, and Asian Pacific Islander Coalition - Spokane Chapter