

## CHRISTOPHER P. CINDRIC

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### EDUCATION

University of Colorado at Denver, **Master of Arts in Educational Psychology**, August, 1998  
Denver, Colorado.

Radford University, **Bachelor of Science degree in Recreation and Leisure Services and Social Science**, August, 1991 Radford, Virginia.

### TEACHING EXPERIENCE

*Senior Lecturer*, Eastern Washington University, Cheney, Washington 2006-Present  
Department of Wellness & Movement Sciences

*Advisor*, Experiential Education and Group Facilitation minor

*Manager*, EWU Challenge Course

Develop, teach and advise the Minor in Experiential Education and Group Facilitation, teach core curriculum within the Recreation and Leisure Services Program, as well as manage all facets of the EWU Challenge Course Program.

- Created, advise and teach the EWU Minor in Experiential Education and Group Facilitation—a 15-credit curriculum that includes certifications in Challenge Course Practitioner Level I and Leave No Trace Trainer.
- Created, advised and taught the EWU Minor/Certificate in Challenge Course Management and Leadership (2007-2016)—an 18-credit curriculum that is equivalent to the requirements for a Level II Practitioner Certification through the Association for Challenge Course Technology (ACCT).
- Teach and develop courses within the Recreation and Leisure Services Program core curriculum, outdoor recreation program, and Wellness and Movement Sciences.
- Develop all policy, procedure and program design for the challenge course program and maintain compliance with ACCT standards for challenge course inspection, installation, operation, training, and certification.
- Manage all aspects of the challenge course including equipment, hardware, personnel, budget, maintenance, inspection and training.
- Designed and constructed all components and layout of EWU's challenge course to include ground-based activities, low elements, high elements and technical skills training area.
- Created and teach a course in Craft Beer Evaluation and Service within Wellness and Movement Sciences and Entrepreneurship.

**Adjunct Faculty**, Kent State University, Kent, Ohio 2003-2005  
Taught for the School of Exercise, Leisure and Sport. Courses focused on adventure education, the history and philosophy of experiential education and the basics of outdoor leadership and process facilitation.

**Teacher**, Aurora Public Schools, Aurora, Colorado 1998-1999  
Fifth grade teacher in a school with diverse population. School experience included:

- Hands-on science learning using the scientific method and inquiry.
- Balanced Literacy approach to reading and writing.
- Teaching math through real life connections and use of manipulatives.
- Served as member of the technology committee and DARE liaison.

**Teacher**, Stanley British Primary School/University of Colorado at Denver 1997-1998  
Denver, Colorado  
One-year teacher placement within an experiential learning school system in Denver that led to a Colorado Teacher License in Elementary Education and a Master of Arts in Elementary Education through the University of Colorado at Denver. Experiences included:

- Planning and implementing hands-on curriculum lessons, classroom activities and assessments.
- Integrating learning and socialization for children in multi-age classrooms.

**Naturalist**, Camp Highland Outdoor Science School, Beaumont, California 1994  
Implemental in the first-year development of an innovative and experiential outdoor environmental science program with a core curriculum of 40 classes.

- Created and taught environmental lesson plans for elementary and middle schools.
- Facilitated team building activities and ropes course elements for corporate, college, and elementary school groups.

**Outdoor Educator**, Bradford Woods, Martinsville, Indiana 1992  
Taught environmental education and directed outdoor activities for elementary school students. Instructed low/high ropes, initiatives and climbing wall elements.

## PROFESSIONAL EXPERIENCE

**Athletic and Outdoor Director**, Department of Recreation, Brecksville, Ohio 2002-2006  
Responsible for developing, organizing, directing and supervising all youth and adult athletic and outdoor recreation programs and staff; managing all related outdoor facilities, fields, equipment and recreation areas, as well as; overseeing all athletic and outdoor recreation budgets.

- Responsible for the creation and development of all athletic and outdoor programming to include: youth and adult athletic leagues and instructional courses, youth summer and sports camps, and community outdoor education and recreation programs.
- Responsible for the establishment and management of city outdoor facilities to include: Blossom Hill 200 Acre Park, outdoor facilities and properties, athletic fields, playgrounds, concession, and outdoor recreation areas.

**Adventure Education Coordinator**, Department of Recreational Services, KSU 2000-2002  
Responsible for managing and administering the Teambuilding and Leadership Challenges (TLC) Challenge Course Program and the Adventure Trips and Outdoor Instruction Program.

- Created, developed and upheld outstanding outdoor leadership opportunities for the KSU community.
- Hired, trained, supervised and evaluated all TLC Facilitators/Instructors, Adventure Trip Leaders and Outdoor Instructors.
- Developed and modernized all policies, procedures, guidelines and manuals for the TLC and Adventure Trips and Outdoor Instruction programs.
- Maintained and controlled all expenditures and inventory in the TLC and Adventure Trips and Outdoor Instruction programs.
- Prepared, submitted and substantiated all budget information for responsible programs.
- Designed, built and implemented both Low and High Challenge Course elements including the construction of an Indoor High Ropes Course.

**Assistant Director**, Recreation Services, Indiana University of Pennsylvania 1999-2000  
Assistant Director of a broad-based co-curricular recreation program designed to meet the recreational needs and interests of the campus community.

- Independently created and facilitated an Adventure Challenge Program focused on providing challenge and teambuilding opportunities for the IUP community.
- Assisted in preparing and overseeing the annual operating budgets for various funds.
- Developed ongoing recreation programs at the Recreation Center and outdoor recreation programs at the Co-op Recreational Park for the campus community.
- Hired, trained, and supervised student staff in the Recreation Center and the Co-op Recreational Park.

**Youth Director**, The Full Circle Project, Leadville, Colorado 1995-1997  
Independently responsible for the initiation and organization of a variety of programs and activities for 8 to 18 year-olds as part of a non-profit organization.

- Worked with community youth in the creation of a Youth Council and Youth Volunteer Corps.
- Developed a cooperating relationship between the Full Circle Project and the Colorado Outward Bound School, United States Forest Service, Colorado Mountain College and the AmeriCorps program through service learning, teambuilding, outdoor adventure experiences and environmental education.
- Wrote, developed and reported various grants in order to receive or maintain program funding.

**Course Director**, Longacre Expeditions, Almont, Colorado Summer 1995  
Supervised and coordinated the operation of five separate adventure-based expeditions in remote wilderness areas for 20 staff and 65 teenagers.

- Managed Colorado base camp with a budget line of \$30,000.
- Designed and implemented a 10-day staff training which included classes in: Leave No Trace, leadership styles, program philosophy, technical wilderness skills, expedition behavior and child-abuse awareness.

**Ski School Supervisor**, Copper Mountain Resort, Copper Mountain, Colorado 1992-1994  
Hired, trained and managed the operation of 25 employees for the registration, instruction and care of kids entering Copper Mountain Children's Ski School.

**Trip Leader**, Longacre Expeditions, Almont, Colorado Summers 1991-1994  
Led wilderness expeditions for groups of 12-15 teenagers. Trips averaged in length of 28 days and took place in Colorado, Canada, Pennsylvania, and New England. Expeditions consisted of a variety of experiences which included: backpacking, kayaking, mountain biking, rock climbing, mountaineering, caving, canoeing, challenge course, environmental education and group processing.

### PROFESSIONAL SERVICES

**Committee Member**, Association for Challenge Course Technology, Educational Use Affinity Group 2015-2021  
Stakeholder group to advocate for Educational Use focused members.

**Committee Member**, Eastern Washington University, Department of Wellness and Movement Sciences, Strategic Planning Committee 2017-2021  
Responsible for guiding the development of the department strategic plan encompassing areas of identity, administration, curriculum, physical and social environment.

**Committee Member**, Eastern Washington University, Department of Physical Education, Health and Recreation, Accreditation Committee 2007-2021  
Responsible for curriculum review and reporting to maintain accreditation through the Council on Accreditation of Parks, Recreation, Tourism and Related Professions (COAPRT), sponsored by the National Recreation and Park Association (NRPA).

**Committee Member**, Eastern Washington University, Department of Physical Education, Health and Recreation, Search Committee for Assistant Professor of Recreation Management 2018  
Responsible to be a part of the candidate evaluation process, review, and hiring of tenure track position in Recreation Management.

**Committee Member**, Association for Challenge Course Technology, Practitioner Certification Test Committee 2013-2017  
Responsible for the development of the ACCT practitioner certification tests and processes.

**Committee Member**, Eastern Washington University, Department of Physical Education, Health and Recreation, Search Committee for Assistant Professor of Outdoor Recreation 2015  
Responsible to be a part of the candidate evaluation process, review, and hiring of tenure track position in Outdoor Recreation.

**Director, Kalispel Eastern Washington University Leadership Camp** 2008-2014  
The Kalispel Eastern Washington University Leadership (KEWUL) Camp Project engages Native American youth and creates youth leadership opportunities through adventure programming and experiential education.

**Committee Chair, Eastern Washington University, Department of Physical Education, Health and Recreation, Search Committee for Assistant Professor of Recreation Management** 2013  
Responsible for the candidate evaluation process, committee lead, and hiring of tenure track position in Recreation Management.

**Chair, Let's Move Cheney! Events and Programs Committee, City of Cheney, WA** 2012-2013  
Responsible for recruitment and oversight of the events and program committee and engaging and leading the E&P committee members.

**Founder/Club Leader, Flightless Birds Running Club, Cheney, WA** 2012-2015  
Weekly social run club with the motto, "We can't fly so we run." Now in the 10<sup>th</sup> season (2021) with over 500 members.

**Co-Chair, Yes For Parks! 50-Acre Park Bond Initiative, City of Cheney, WA** 2009  
Provided leadership for the overall committee and work with the subcommittees to organize campaign projects.

**Team Leader, Uniting Along the Divide II, Continental Divide Trail Alliance** Summer 2001  
Team Leader of a second team to hike a different 100+ mile section of the Continental Divide Trail in order to take a GPS mapping of the trail, document significant environmental impacts and note historical and interesting information about the segment.

**In-Service Educator, Aspen Global Change Institute** Summer 1998  
One of 24 pre-service or in-service educators chosen to participate in a weeklong workshop on Earth System Science Education for primary and secondary educators.

**Team Leader, Uniting Along the Divide, Continental Divide Trail Alliance** Summer 1997  
Team Leader for one of thirty-one teams joining forces to hike separate 100+ mile sections along the Continental Divide Trail to protect and determine the future of America's most wild and scenic lands.

## PROFESSIONAL PRESENTATIONS & CONSULTING

**Spokane Chiefs, Western Hockey League** Seasons 2014-2020  
Consultant—Experience Based Training and Development with team players focused on personal development, team identity, and positive off-ice behavior.  
Spokane, WA

- Association for Experiential Education/Association for Outdoor Ed. 2019 47<sup>th</sup> Annual International Conference** November 12, 2019  
 Presenter—Craft Breweries, The Experience Economy, and the Art of the Taste  
 Spokane, WA
- No Man’s Land Film Festival—Voice for Women in Adventure** February 28, 2018  
 Discussion Panelist—Redefining femininity in adventure and championing  
 female athletes in outdoor media.  
 Cheney, WA
- Association for Applied Sport Psychology Regional Conference  
 Northwest Student Sport & Exercise Psychology Symposium 2016** April 8-9, 2016  
 Keynote Speaker—An experiential based approach to player personal development.  
 Cheney, WA
- Gonzaga University, Men’s Basketball** October 19, 2015  
 Guest Speaker—Fixed vs. Growth Mindset.  
 Spokane, WA
- Association for Challenge Course Technology (ACCT)  
 25<sup>th</sup> Annual International Challenge Course Symposium and Conference** February 3-8, 2015  
 Presenter—A University Minor in Challenge Course Management  
 Indian Wells, CA
- Astoria Parks and Recreation Staff Training** November 18, 2014  
 Facilitator—Staff re-organization and development training.  
 Astoria, OR
- Washington State Prevention Summit** October 20, 2013  
 Guest Speaker—Team Building Summit presentation for 250 youth and adults.  
 Yakima, WA
- Association for Challenge Course Technology (ACCT)  
 23<sup>rd</sup> Annual International Challenge Course Symposium and Conference** February 7-10, 2013  
 Presenter—The ACCTies—Challenge Course and Canopy/Zip Line Tour Industry Video  
 Awards Show and Film Festival  
 Minneapolis, MN
- Washington State Prevention Summit** November 4, 2012  
 Guest Speaker—Team Building Summit presentation for 350 youth and adults.  
 Yakima, Washington
- Washington State Therapeutic Recreation Association, Symposium** April 20-21, 2012  
 Presenter, Pre-Symposium Session—Challenge Course for the TR professional.  
 Cheney, WA

**St. Thomas More Catholic School, Staff Training** August 15, 2011  
 Consultant—Portable Challenge Facilitator Training  
 Spokane, WA

**Michael J. Riccelli PS, Attorney At Law, Zip Line Injury Case** July, 2011  
 Consultant—Reviewed incidents in matter of zip line fall  
 Spokane, WA

**Missoula Parks and Recreation, Staff Training** May 31, 2011  
 Consultant—Challenge Course Facilitation Techniques Workshop  
 Missoula, MT

**Missoula Parks and Recreation, Challenge Course Inspection** April 29, 2011  
 Consultant—Inspected challenge course to assess criteria for annual inspection requirements  
 Missoula, MT

**Eastern Washington University, Leadership Conference** April 9, 2011  
 Invited Presenter—Team Builders 101 and 102  
 Cheney, WA

**Association for Challenge Course Technology (ACCT)** February 3-6, 2011  
**21<sup>st</sup> Annual International Challenge Course Symposium and Conference**  
 Presenter—A University Certificate in Challenge Course Management  
 Minneapolis, MN

**Northwest Challenge Course Network (NCCN), Annual Conference** November 19-21, 2010  
 Presenter—Speed Stacking for Teambuilding  
 Cispus Learning Center, Randle, WA

**Mountain Madness, LNT Trainer Training** December 19-20, 2009  
 Consultant—Leave No Trace Trainer Training for mountaineering staff  
 Seattle, WA

**Missoula Parks and Recreation, Staff Training** June 9, 2009  
 Consultant—Challenge Course Facilitation Techniques Workshop  
 Missoula, MT

**Washington Alliance (WAHPERD), Annual Conference** October 17-18, 2008  
 Presenter—Challenge Course Curriculum for the Educator  
 Shoreline, WA

**Eastern Washington University, Quality Service Initiative Conference** August 27-28, 2008  
 Invited Presentation—EWU Certificate in Challenge Course Management and Leadership.  
 Cheney, WA

**Northwest Recreation Professionals Conference and Job Fair** February 22-24, 2008  
Presenter—Trends in the Challenge Ropes Course Industry  
Sunriver, OR

**Eastern Washington University, Quality Service Initiative Conference** August 28-29, 2007  
Invited Presentation—The EWU Challenge Course Program: An alternative recreational and wellness experience.  
Cheney, WA

**American Association for Physical Activity and Recreation Conference** July 26-29, 2007  
Co-presenter Full Day Session—Whitewater Rafting Logistics and Risk Management. Session was held in the Alberton Gorge of the Clarkfork River in Montana.  
Coeur D’Alene, ID

**Eastern Washington University, Leadership Conference** February 10, 2007  
Presenter—Power Play: The Fun of Leadership  
Invited Closing Presenter—My Big, Fat, Leadership Wrap Up  
Cheney, WA

**Athletic Business Conference, Orlando Florida** December 1-3, 2005  
Speaker for the 2005 Athletic Business Conference presenting in the Leadership, People Management and Personal Development track. Seminar title: “Teambuilding: Beyond the Games—Taking Your Staff to the Next Level.”  
Orlando, FL

## AWARDS & GRANTS

**EWU Board of Trustees Diversity Initiative Grant** 2015  
**Title of Project:** Diversity and Social Justice in Recreation and Leisure Services Curriculum Development.  
**Project Co-Leads:** Callie Spencer, Ph.D., Jeremy Schultz, Ph.D., Christopher Cindric, M.A.

**Eastern Washington University, Outstanding Faculty Award in Service** 2008  
For excellence in relevance, significance and impact of service.

**Washington Alliance (WAHPERD), Recreation Division Award** 2008  
Recognition for excellence and advancement in the field of recreation.

**Kent State University, Outstanding Service to the University** 2002  
Learning to Lead Through Life Program



## CONFERENCES

- Association for Challenge Course Technology (ACCT)** January 19-29, 2021  
**31<sup>st</sup> Annual International Challenge Course Conference & Exposition**  
Virtual
- Northwest Challenge Course Network (NwCCN), Annual Conference** November 14, 2020  
Virtual
- Association for Experiential Education/Association for Outdoor Ed.** November 12-15, 2019  
**2019 47<sup>th</sup> Annual International Conference**  
Spokane, WA
- River Surf Summit, 1<sup>st</sup> Annual International Conference on** October 7, 2017  
**River Surfing**  
Bend, Oregon
- Association for Applied Sport Psychology Regional Conference** April 8-9, 2016  
**Northwest Student Sport & Exercise Psychology Symposium 2016**  
Cheney, WA
- Association for Challenge Course Technology (ACCT)** February 3-8, 2015  
**25<sup>th</sup> Annual International Challenge Course Symposium and Conference**  
Indian Wells, CA
- Association for Challenge Course Technology (ACCT)** February 7-10, 2013  
**23<sup>rd</sup> Annual International Challenge Course Symposium and Conference**  
Minneapolis, MN
- Northwest Challenge Course Network (NCCN), Annual Conference** November 18-20, 2011  
Mt. Hood, OR
- Association for Challenge Course Technology (ACCT)** February 3-6, 2011  
**21<sup>st</sup> Annual International Challenge Course Symposium and Conference**  
Minneapolis, MN
- Northwest Challenge Course Network (NCCN), Annual Conference** November 19-21, 2010  
Cispus Learning Center, Randle, WA
- Northwest Challenge Course Network (NCCN), Annual Conference** November 20-22, 2009  
Eastsound, Orcas Island, WA
- Association for Challenge Course Technology (ACCT)** Jan. 29- Feb. 1, 2009  
**19<sup>th</sup> Annual International Challenge Course Symposium and Conference**  
Houston, TX

**Association for Challenge Course Technology (ACCT)**  
**18<sup>th</sup> Annual International Challenge Course Symposium and Conference**  
Portland, OR

Jan. 31- Feb. 2, 2008

**Northwest Challenge Course Network (NCCN), Annual Conference** November 17-19, 2006  
Cispus Learning Center, Randle, WA

### **UNIVERSITY TEACHING EXPERIENCE**

#### ***Program and Course Development/Revision:***

Developed \*RCLS 373: Craft Beer Evaluation and Service (2 credits) (2020)

\*Cross-listed with Entrepreneurship as ENTP 373

Developed RCLS 313: Public Lands and Outdoor Recreation (4 credits) (2019)

Revised RCLS 225: Group Facilitation Techniques (4 credits) (2019)

Revised RCLS 380: Theory and Practice of Experiential Education (2 credits) (2019)

Revised RCLS 360: Recreation Facility Planning and Environmental Design (4 credits) (2019)

Developed a minor in Experiential Education and Group Facilitation (2017)

Developed courses include:

RCLS 225: Group Facilitation Techniques (3 credits)

RCLS 335: Challenge Course Practitioner (4 credits)

RCLS 355: Leave No Trace Trainer (2 credits)

RCLS 380: Theory and Practice of Experiential Education (3 credits)

Developed a minor and certificate in Challenge Course Management and Leadership. (2008)

Developed courses include:

RCLS 225: Challenge Course Facilitation Techniques (3 credits)

RCLS 321: Challenge Course Low Element Facilitation (3 credits)

RCLS 352: Challenge Course Technical Skills (3 credits)

RCLS 353: Challenge Course Advanced Technical Skills (3 credits)

RCLS 475: Challenge Course Management and Operation (3 credits)

#### ***Courses Taught (2006-2021):***

PHED 125: Skiing and Snowboarding

RCLS 125: Challenge Ropes Course

RCLS 225: Group Facilitation Tech.

RCLS 310: Outdoor Recreation

RCLS 313: Public Lands and O.R.

RCLS 321: Low Challenge Course

RCLS 349: Youth Sports Management

RCLS 353: C.C. Advanced Tech. Skills

RCLS 360: Facility Plan. & Env. Design

RCLS 380: Theory & Practice of Exp. Ed.

PHED 342: Lifelong Leisure Activities

RCLS 220: Leadership in Rec. & Leisure

RCLS 250: Camp Administration

RCLS 313: Wildland Recreation Man.

RCLS 315: Wilderness Survival

RCLS 335: Challenge Course Practitioner

RCLS 352: Challenge Course Tech. Skills

RCLS 355: Leave No Trace Trainer

RCLS 373: Craft Beer Eval. & Service

RCLS 475: C.C. Management & Operation

## PROFESSIONAL CERTIFICATIONS AND TRAININGS

### Current:

American Red Cross, <b>CPR/AED for Professional Rescuers w/ First Aid</b>	2020
ACCT/Leahy & Ass., <b>Challenge Course Practitioner Level II Certification</b>	2017
ACCT/Leahy & Ass., <b>Critical Skills for Safety Training</b>	2017
Leave No Trace, <b>Master Educator</b>	2002

### Previous:

Rescue 3 International, <b>Whitewater Rescue Technician</b>	2016
ACCT/Synergo, <b>Challenge Course Practitioner Level II Certification</b>	2013
ACCT/Synergo, <b>Challenge Course Practitioner Level II Training</b>	2013
ACCT/High 5 Adventure Learning Center, <b>Challenge Course Manager Certification</b>	2012
ACCT/High 5 Adventure Learning Center, <b>Managing an Adventure Program</b>	2012
Project Adventure, Inc., <b>Advanced Facilitation Skills</b>	2007
Project Adventure, Inc., <b>Technical Skills Intensive</b>	2007
Project Adventure, Inc., <b>Advanced Skills and Standards</b>	2007
National Playground Safety Institute, <b>Certified Playground Safety Inspector</b>	2005
Wilderness Medical Associates, <b>Wilderness First Responder</b>	2003
American Canoe Association, <b>Kayak Instructor</b>	2000

## PROFESSIONAL PROJECTS, PUBLICATIONS, AND MEDIA PRODUCTION

**Team Rider/Ambassador**, *Badfish Stand Up Paddle* 2018-2021  
[www.badfishsup.com](http://www.badfishsup.com)

Represent the sport of stand up paddling and river surfing. Develop social media and video production for brand awareness, product promotion, and education.

**Writer/Video Producer**, SPOvid-19 Local Adventure Series 2020  
<https://outthereoutdoors.com/spovid-19-local-adventure-series/>

Partnered with Out There Outdoors magazine to develop a series of local adventures, presented in videos, to help promote health and wellness through the pandemic.

**Writer/Host/Editor**, *Wheat Wheat...Don't Tell Me! Podcast* 2019-2020

Write and host a live show and edit recording into a podcast focused on craft beer.

The live show is takes place at Mountain Lakes Brewing Company in downtown Spokane, WA. (Currently on hold due to COVID-19).

## PROFESSIONAL ASSOCIATIONS

Association for Challenge Course Technology—**ACCT**, Professional Member

Leave No Trace—**LNT**, Professional Member

Association for Experiential Education—**AEE**, Professional Member