

# Jeremy Jostad

jjostad@ewu.edu  
Eastern Washington University

## EDUCATION

---

**Doctor of Philosophy - Parks, Recreation, and Tourism** 2015  
*University of Utah*

**Master of Arts in Recreation Administration** 2009  
*California State University, Chico*

**Bachelor of Arts in Physical Education** 2003  
*Minor in Recreation Administration*  
*Certificate in Outdoor Education*  
*California State University, Chico*

## UNIVERSITY TEACHING EXPERIENCE

---

**Assistant Professor / Outdoor Recreation Leadership Program Director (Fall 2015 – Present)**

*Department of Wellness and Movement Sciences*  
*Eastern Washington University, Cheney, Washington*

- RCLS 125: Whitewater Rafting
  - Spring 2016 - 2021
- RCLS 201 – Recreation in Modern Society
  - Fall 2021
- RCLS 206: Outdoor Living Skills
  - Fall 2015 - 2021
- RCLS 230: Whitewater Kayaking
  - Fall 2015 - 2019
- RCLS 305: Winter Camping
  - Winter 2016 - 2022
- RCLS 307: Mountaineering
  - Spring 2016 - 2021
- RCLS 325: Outdoor Adventure Programming
  - Fall 2015 - 2016; Spring 2016
- RCLS 375: Whitewater Raft Guide Techniques
  - Spring 2016 - 2021
- RCLS 385: Programming in Recreation and Leisure Services
  - Winter 2016 - 2019
- RCLS 400: Legal Foundations in Recreation and Leisure Services
  - Winter 2016 - 2022
- RCLS 410: Outdoor Leadership
  - Fall 2015 - 2021
- RCLS 422: Expedition Planning & Leadership
  - Spring 2017 – 2021

- RCLS 438: Professional Issues in Outdoor Recreation
  - Fall 2019 – 2020
- RCLS 490: Senior Capstone in Recreation
  - Winter 2016 - 2022
- RCLS 494: Internship in RCLS
  - Summer 2016 – 2021
- PHED 505: Current Issues and Ethics
  - Fall 2020

### **Graduate Student Committees**

Moses Jouwsma	Committee Chair	Expected Graduation: Spring 2023
Kacie Dietz	Committee Chair	Expected Graduation: Spring 2022
Emily Crosswhite	Committee Chair	Graduation: Spring 2021
Josh Crowe	Committee Chair	Graduation: Spring 2019
Justin Hall	Committee Chair	Graduation: Spring 2019
Clayton Purvis	Committee Member (2 <sup>nd</sup> )	Graduation: Spring 2018
Bryan Anderson	Committee Chair	Graduation: Spring 2017
Ben Adams	3 <sup>rd</sup> Committee Member	
Nathaniel Rowley	3 <sup>rd</sup> Committee Member	
Kailyn Sanchez	3 <sup>rd</sup> Committee Member	

### **Graduate Assistant and Adjunct Faculty (Fall 2010 – Summer 2015)**

*Department of Parks, Recreation, and Tourism*

*University of Utah, Salt Lake City, Utah*

Instructor of Record

- Integrated Core (Teaching team) (Fall 2013 & 2014)
  - PRT 3100: Foundations of Parks, Recreation, and Tourism
  - PRT 3101: Professional Preparation in Parks, Recreation, and Tourism
  - PRT 3310: Leisure Behavior and Human Diversity
  - PRT 3320: Recreation Programming and Leadership
  - PRT 3780: Program and Service Evaluation in Parks, Recreation, and Tourism
- PRT 3207: Management in Parks, Recreation, and Tourism
  - Summer 2012, 2014
- PRT 3310: Leisure Behavior and Human Diversity
  - Spring 2015 – Online
  - Summer 2015 - Online
- PRT 3800 & 4828: Internship Supervision
  - Summer 2014
- PRT 5395: Financial Management
  - Fall 2014
- PRT 5720: Techniques of Adventure and Outdoor Programs
  - Spring 2012, 2014; 2015
- PRT 5710: Foundations of Adventure and Outdoor Programs
  - Spring 2013
- PRT 2005: River Running Instruction
  - Fall 2014

## Teaching Assistant

- PRT 3100: Foundations of Parks, Recreation, and Tourism
  - Fall 2010
- PRT 3320: Recreation Programming and Leadership
  - Spring 2011
- Integrated Core (Teaching Team) (Fall 2011)
  - PRT 3100: Foundations of Parks, Recreation, and Tourism
  - PRT 3101: Professional Preparation in Parks, Recreation, and Tourism
  - PRT 3310: Leisure Behavior and Human Diversity
  - PRT 3320: Recreation Programming and Leadership
  - PRT 3780: Program and Service Evaluation in Parks, Recreation, and Tourism
- PRT 5740: Leadership in Adventure and Outdoor Programs
  - Spring 2012 & 2013; field section only

**Adjunct Faculty (Fall 2014)**

*Department of Health Promotion and Human Performance  
Weber State University, Ogden, Utah*

## Instructor of record

- REC 3610: Introduction to Outdoor Living Skills
- REC 4810: Adventure Programming

**Adjunct Faculty (Spring 2011)**

*Wilderness Leadership and Experiential Education Program  
Mt. Hood Community College, Gresham, Oregon*

## Instructor of record

- Whitewater Rafting (Immersion Semester)

**Graduate Teaching Assistant and Part-Time Faculty (Fall 2007 – Spring 2010)**

*Departments of Kinesiology and Recreation Administration  
California State University, Chico, California*

## Instructor of record

- KINE 121: Beginning Backpacking
  - Spring 2008
- KINE 123: Beginning Rock Climbing
  - Fall 2007 & 2008, Spring 2008
- KINE 126: Beginning Whitewater Kayaking
  - Fall 2008 & 2009, Spring 2009 & 2010
- KINE 353: Advanced Whitewater Kayaking
  - Spring 2008, 2009, 2010
- RECR 180: Leisure and Life
  - Spring 2010

## Assistant Instructor

- KINE 228: Winter and the Mountain (Immersion Semester)
  - Spring 2009
- KINE 226: Methods of Teaching Canoeing and Kayaking
  - Spring 2010

---

## **PROFESSIONAL EXPERIENCE**

---

### **Assistant Professor, Outdoor Recreation Leadership Program Director**

*Eastern Washington University, Cheney, WA*

*Fall 2015 – Present*

- Teach RCLS core curriculum and Outdoor Recreation Leadership Major courses.
- Advise more than 30 undergraduate students toward degree completion.
- Conduct research related to the field of outdoor recreation and serve on many types of committees.

### **Ph.D. Student, Research Assistant, Adjunct Faculty**

*University of Utah, Salt Lake City, UT*

*Fall 2010 – Summer 2015*

- Work with graduate faculty with research projects and publications.
- Worked as the National Outdoor Leadership School (NOLS) research assistant.
- Teach undergraduate core courses for the department.

### **Wilderness Field Instructor**

*The National Outdoor Leadership School*

*Summers 2008 - 2015*

- Lead multi-day wilderness courses (mountain and river based) with a focus on technical skill development, environmental science, wilderness living skills, and leadership.
- Provided mentorship and guidance to newer staff in lesson development, teaching techniques, skill progression, working with challenging students, and more.

### **Adjunct Faculty**

*Weber State University, Ogden, UT*

*Fall 2014*

- Developed and taught two new classes in the Recreation Program.
- Collaborated with other faculty to develop an adventure program targeted to serve lower income high school students from the area.

### **Adjunct Faculty**

*California State University, Chico*

*August 2007- May 2010*

*(Kinesiology and Recreation Departments)*

- Developed and implemented the whitewater kayak program and lead field days (single and multi-day trips) for a variety of technical skill based classes.
- Taught introductory Recreation classes

### **Land and Water Coordinator/ Trip Leader**

*Adventure Outings*

*August 2008 - May 2009*

*California State University, Chico*

- Assisted with staff development and interviewing new staff members. Oversaw trip logistics before going into the field and lead trips with other staff members.
- Designed and implemented a leadership curriculum to be taught to all staff.

**Senior Wilderness Field Instructor***Aspen Achievement Academy, Loa, UT**January 2006 - August 2007*

- Wilderness therapy program: lead teenage students through the Utah desert using the experience and natural environment as a metaphor for change and growth. Worked extensively with multiple therapists and mentored junior staff.
- Taught natural science lessons as well as primitive skills, low impact camping and metaphorical initiatives.

**Program Coordinator/ Instructor***Naturalists-At-Large, Ventura, CA**2004 - 2005*

- Taught and oversaw outdoor education programs for youth ranging from 2<sup>nd</sup> to 11<sup>th</sup> grade at different sites throughout California.
- Lessons were developed and taught about the natural environment, geology, biology, astronomy, natural history, team building, and skills of certain outdoor activities (canoeing, backpacking, ropes course, sea kayaking, and snorkeling).

**Wilderness Leader/ Instructor***Adventures Cross-Country, Mill Valley, CA**Summers 2004 & 2005*

- Lead multi-week international wilderness trips (Canada & Costa Rica).
- Provided instruction in backpacking, rock climbing, whitewater kayaking, snowboarding, mountain biking, environmental conservation, and outdoor living skills.

**Ski & Snowboard Instructor***Northstar Ski Resort, Lake Tahoe, CA**November 2003 - April 2004*

- Taught beginner and intermediate ski and snowboard lessons to students of all ages. Recognized as “Instructor of the Year” within the ski school.
- Obtained a Level 1 PSIA snowboard instructor certification.

**Camp Counselor/ Waterski and Wakeboard Instructor***River Way Ranch Camp, Sanger, CA**Summer 2002*

- Oversaw a cabin of young campers and led multiple types of programs and activities throughout the summer.
- Taught waterskiing and wakeboarding to campers of all ages and abilities.

**PROFESSIONAL CERTIFICATIONS**

- Wilderness First Responder Certification (current since 2004)
- Adult CPR and Airway Management (current since 1999)
- ACA Level 4 Kayak Instructor Certification (current since 2008)
- ACA Level 4 Swiftwater Rescue Instructor Certification (current since 2017)
- LNT Master Educator (current since 2008)
- AIARE Level I Avalanche Certification (2009, 2016)
- Utah & Idaho River Guide/Captain License
- PSIA Level I Professional Snowboard Instructor Certification
- WEA National Certificate of Wilderness Stewardship
- Advanced Open Water Diver Certification

---

**PEER-REVIEWED PUBLICATIONS AND BOOK CHAPTERS**

---

- Turner, J., **Jostad, J.**, Andre, E., Bell, B., Collins, K., Gerbers, K., & Hobbs, W. (in review). Overview of the current landscape of outdoor programs in higher education. *Journal of Outdoor Recreation, Education & Leadership*.
- Jostad, J.**, & Semb, D. (in review). *Sense of place for life transitions*. In P. Fix (Ed.), *The transformative power of parks*. Sagamore-Venture.
- Hall, J., & **Jostad, J.** (2020). The role of pay and sense of community in the turnover of outdoor adventure education field staff. *Journal of Outdoor Recreation, Education and Leadership*, 12(3), 333-348.
- Hall, J., & **Jostad, J.** (2020). Turnover of outdoor adventure education field staff. *Journal of Outdoor Recreation, Education and Leadership*, 12(2), 222-224.
- Jostad, J.**, Sibthorp, J., Butner, J.E., Rochelle, S., Gookin, J. (2019). Adolescent sense of belonging in outdoor adventure education; The influence of conflict and instructors. *Research in Outdoor Education*, 17, 20-37.
- Jostad, J.**, Sibthorp, J., Butner, J.E., Rochelle, S., Gookin, J. (2017). Using dynamical systems theory in outdoor adventure education research. *Research in Outdoor Education*, 15, 93-113.
- Jostad, J.**, Schultz, J., & Chase, M. (2017). State of Washington 2017 Outdoor Recreation Demand Report. Part of *2018 Washington State Comprehensive Outdoor Recreation Plan*.
- Richmond, D., Sibthorp, J., **Jostad, J.**, & Gookin, J. (2016). Factors determining peer status in outdoor adventure groups. *Journal of Outdoor Recreation, Education, and Leadership*, 8(1), 41-56.
- Jostad, J.**, Sibthorp, J., Pohja, M., & Gookin, J. (2015). The adolescent social group in outdoor adventure education: Social connections that matter. *Research in Outdoor Education*, 13(1), 16-37.
- Jostad, J.**, & Rose, J. (2015). Making adventures work: Balancing group dynamics, communication, and group management processes for successful experiences. In R. Black and K. Bricker (Eds.) *Adventure programming and travel for the 21<sup>st</sup> century*. State College, PA: Venture Publishing.
- Paisley, K., **Jostad, J.**, Sibthorp, J., Pohja, M., Gookin, J., & Rajagopal-Durbin, A. (2014). Considering students' experience in diverse groups: Case studies from NOLS. *Journal of Leisure Research*, 46(3), 329-341.
- Sibthorp, J., & **Jostad, J.** (2014). The social system in outdoor adventure education programs. *Journal of Experiential Education*, 37(1), 60-74.
- Jostad, J.**, Sibthorp, J., & Paisley, K. (2013). Understanding groups in outdoor

- adventure education through social network analysis. *Australian Journal of Outdoor Education*, 17(1), 17-31.
- Spencer, C., & **Jostad, J.** (2013). Facebook's "status" in the lives of generation Y: Exploring power structures in an online leisure space. In K. Schwab and D. Dustin (Eds.) *Just leisure: Things that we believe in*. Urbana, IL: Sagamore Publishing.
- Jostad, J.**, Paisley, K., & Gookin, J. (2012). Wilderness-based semester learning: Understanding the NOLS experience. *Journal of Outdoor Recreation, Education, and Leadership*, 4(1), 16-26.
- Dustin, D., Collins, R., Schultz, J., Browne, L., Schwab, K., Rose, J., Timmerman, D., Altschuler, B., **Jostad, J.**, Spencer, C., Newman, J., & Bricker, K. (2012). The future of leisure studies in research universities: Administrator's perspectives. *Scholarship*, 27(1), 12-24.

### **PEER-REVIEWED PRESENTATIONS**

- Turner, J., **Jostad, J.**, Andre, E., Bell, B., Collins, K., Gerbers, K., & Hobbs, W. (2022, February). *Overview of the current landscape of outdoor programs in higher education*. Presentation conducted at the Coalition for Education in the Outdoors Research Symposium, Black Mountain, NC.
- Jostad, J.**, Schultz, J., & Chase, M. (2019, November). *The what, why, and how of SCORP (State Comprehensive Outdoor Recreation Plan)*. Presentation conducted at the Association of Outdoor Recreation and Education & Association of Experiential Education joint National Conference, Spokane, WA.
- Hall, J. & **Jostad, J.** (2019, November). *Turnover of outdoor adventure education field staff*. Presentation conducted at the research symposium of the Association of Outdoor Recreation and Education/Symposium on Experiential Education Research, Spokane, WA.
- Chase, M., **Jostad, J.**, & Schultz, J. (2017, November). *SCORP in Washington State: Results of the 2017 resident survey*. Presentation conducted at the Resort and Commercial Recreation Association National Conference, Bend, OR.
- Jostad, J.**, Chase, M., Schultz, J., & Connelly, L. (2017, May). *SCORP in Washington State: Results of the 2017 resident survey*. Presentation conducted at the Washington State Recreation and Parks Association Conference, Spokane, WA.
- Jostad, J.**, Sibthorp, J., Rochelle, S., & Gookin, J. (2016, November). *The dynamical nature of social connections for adolescents in outdoor recreation programs*. Presentation conducted at the research symposium of the Association of Outdoor Recreation and Education, Minneapolis, MN.

- Anderson, B. & **Jostad, J.** (2016, November). *Developing a wilderness orientation program*. Presentation conducted at the national conference for the Association of Outdoor Recreation and Education, Minneapolis, MN.
- Anderson, B. & **Jostad, J.** (2016, May) *The social and academic benefits of wilderness based orientation programming*. 19<sup>th</sup> Annual EWU Student Research and Creative Works Symposium.
- Jostad, J.**, Sibthorp, J., Butner, J.E., Rochelle, S., & Gookin, J. (2015, October). *Using dynamical systems theory in outdoor experiential education*. Presentation conducted at the Symposium on Experiential Education Research, Portland, OR.
- Sibthorp, J., **Jostad, J.**, Richmond, D., Gookin, J., & Collins, R. (2015, May). *NOLS/ University of Utah research update: Results and implications for practice*. Presentation conducted at the NOLS Faculty Summit, Lander, WY.
- Richmond, D., Sibthorp, J., **Jostad, J.**, Pohja, M., & Gookin, J. (2014, November). *Social dynamics in outdoor adventure groups*. Presentation conducted at the research symposium of the Association of Outdoor Recreation and Education, Portland, OR.
- Jostad, J.**, Sibthorp, J., Pohja, M., & Gookin, J. (2014, October). *Social connections among adolescents in outdoor adventure education*. Presentation conducted at the Symposium on Experiential Education Research, Chattanooga, TN.
- Jostad, J.**, Sibthorp, Pohja, & Gookin. (2014, February). *Student perceptions of group cohesion and satisfaction: The effect of time and student composition*. Presentation conducted at the Outdoor Leadership Research Symposium, Salt Lake City, UT.
- Jostad, J.**, & Sibthorp, J. (2014, January). *Group cohesion in outdoor adventure education: The roles of leadership consideration, goal conflict, and time*. Presentation conducted at the Coalition for Education in the Outdoors Research Symposium, Bradford Woods, IN.
- Paisley, K., **Jostad, J.**, Sibthorp, J., Pohja, M., Gookin, J., & Rajagopal-Durbin, A. (2013, October). *Considering students' experience in diverse groups: Case studies from NOLS*. Presentation conducted at the meeting of the Leisure Research Symposium, Houston, TX.
- Jostad, J.**, & Rajagopal-Durbin, A. (2013, May). *Achieving positive outcomes with a socioeconomically diverse student group*. Presentation conducted at the meeting of the NOLS Faculty Summit, Lander, WY.
- Jostad, J.** (2013, February). *Group identification and group homogeneity: A case study of NOLS courses*. Presentation conducted at the Outdoor Leadership Research Symposium, Blue Mountain, NC.



**Jostad, J., & Gochenaur, R.** (2013, February). *Redesigning the delivery of your curriculum: The opportunities and drawbacks of blocked scheduling*. Presentation conducted at the meeting of the International Conference on Outdoor Leadership, Blue Mountain, NC.

**Jostad, J., Paisley, K., Sibthorp, J., & Gookin, J.** (2012, November). *The multi-dimensionality of group cohesion: A social network analysis of NOLS courses*. Presentation conducted at the research symposium of the Association of Outdoor Recreation and Education, Snowbird, UT.

**Jostad, J., Paisley, K. & Gookin, J.** (2011, February). *Student learning on semester courses: Perspectives from NOLS*. Presentation conducted at the Outdoor Leadership Research Symposium, Estes Park, CO.

### **NON PEER-REVIEWED PUBLICATIONS AND PRESENTATIONS**

**Jostad, J., Messina, E., & Chase, M.** (2020, April 24). Packed trails and family walks: A reflection on Spokane's response to crisis. *Inlander*.  
<https://www.inlander.com/spokane/packed-trails-and-family-walks-a-reflection-on-spokanes-response-to-crisis/Content?oid=19513717>

**Jostad, J., & Paisley, K.** (2013, April). *The NOLS group dynamics project*. Presentation conducted for the NOLS Internal Research Advisory Committee. Lander, WY.

**Jostad, J.** (2012, March). Moving beyond the individual: The use of systems theory to understand the social group in outdoor adventure education. *Graduate Research Symposium*. Salt Lake City, UT.

**Jostad, J., Paisley, K., Sibthorp, J. & Gookin, J.** Meeting the needs of your students with fun. (2010, November). NOLS Staff Newsletter.

**Jostad, J., Paisley, K., & Gookin, J.** (2010, October). Meeting the needs of your students with fun. Presentation conducted at the annual State of the School (National Outdoor Leadership School) meeting. Lander, WY.

### **SERVICE**

#### **University Service**

##### **Eastern Washington University (Fall 2015 – Present)**

WAMS Graduate Faculty Committee	(Fall 2015 – Present)
RCLS Undergraduate Faculty Committee	(Fall 2015 – Present)
Faculty Organization Senate Member	(Fall 2016 – Summer 2022)
Application for Face to Face Learning Assessment Committee	(Spring – Summer 2020)
Community Engagement Faculty Fellow	(Fall 2019 – Spring 2020)
PEHR Faculty Hiring Search Committee Chair	(Fall 2017 – Spring 2018)
PEHR Faculty Hiring Search Committee Member	(Summer 2017 & 2018)
PEHR Safety and Risk Management Committee Member	(Fall 2015 – 2018)
RED Mentor	(2017 – 2018)
EPIC Program Hiring Committee Member	(Summer 2016, 2017)
Washington Recreation Parks Association Conference Social Planning Committee	(2016)

**University of Utah (2010 – 2015)****Graduate Student Advisory Committee (SAC)***Department of Parks, Recreation, and Tourism, University of Utah (2010 – 2015)*

- Retention, Promotion, and Tenure Committee Member (2010 – 2015)
- Retention, Promotion, and Tenure Committee Chair (2012 - 2014)
- SAC Co-Chair (2012 – 2014)

**Academic Appeals Committee***College of Health, University of Utah (2014)***Community Service****Eastern Washington University**

KEWUL Camp Administrator	(Summer 2018 & 2019)
KEWUL Camp Facilitator	(Summer 2016 - 2018)
Cheney Parks and Recreation Program	(Winter 2016, 2018 & 2019)
Outdoor Skills Program (with FYE course)	(Fall 2019)
Spokane Nordic	(Winter 2017)
Outdoor Skills Program (with EPIC)	(Fall 2017 & 2018)

**Professional Service****Associate Editor**

Journal of Outdoor Recreation, Education and Leadership (Winter 2022 – Present)

**Professional Organization Service**

- Co-Chair & Chair for the Association of Outdoor Recreation and Education Research Symposium (2018 – Present)

**Invited Article Reviews:**

- Reviewer: Journal of Outdoor Recreation, Education, and Leadership (Summer 2021)
- Reviewer: Educational Studies (Winter 2020)
- Reviewer: Journal of Outdoor Recreation, Education, and Leadership (Summer 2018)
- Reviewer: Journal of Experiential Education (Summer 2018)
- Reviewer: Leisure Sciences (Fall 2016)
- Reviewer: Journal of Outdoor Recreation, Education, and Leadership (Summer 2016)
- Reviewer: Leisure Sciences (Summer 2016)
- Reviewer: Journal of Outdoor Recreation, Education, and Leadership (Fall 2015)
- Reviewer: Journal of Outdoor Recreation, Education, and Leadership (Summer 2014)
- Reviewer: Journal of Leisure Research (Summer 2012)
- Reviewer: Research in Outdoor Education (Spring 2012)
- Reviewer of abstracts for Coalition for Education in the Outdoors (CEO) (Fall 2011)

- Association of Outdoor Recreation and Education Research Committee (2016 – Present)
- Wilderness Education Association Research Committee (2014 – 2015)

### **Research Symposium Moderations**

- Outdoor Leadership Research Symposium (OLRS), Salt Lake City, UT (February 2014)
- Association of Outdoor Recreation and Education Research Symposium (Fall 2019 & 2020)

### **Memberships to Professional Organizations**

- Member of the Association of Outdoor Recreation and Education
- Member of the American Canoe Association
- Member of Leave No Trace
- Member of American Whitewater

## **GRANTS AND AWARDS**

- State Comprehensive Outdoor Recreation Plan (SCORP) for Washington State, *State of Washington*, Summer 2021
- Kalispel Eastern Washington University Leadership Camp Grant, *Kalispel Tribe*, Summer 2018, 2019
- State Comprehensive Outdoor Recreation Plan (SCORP) for Washington State, *State of Washington*, Summer 2016
- No Child Left Inside Grant, *State of Washington*, Spring 2016
- Outstanding Ph.D. Student Award, *Department of Parks, Recreation, and Tourism*, University of Utah, Spring 2015
- Dr. Gary D. Ellis Endowed Scholarship, *Department of Parks, Recreation, and Tourism*, University of Utah, Spring 2015
- Graduate Travel Award, *University of Utah Graduate School*, Fall 2014
- Most Inspirational Student Award, *Department of Parks, Recreation, and Tourism*, University of Utah, Spring 2014
- Dr. Lin R. Rockwood Endowed Scholarship, *Department of Parks, Recreation, and Tourism*, University of Utah, Spring 2014
- Coalition for Education in the Outdoors Student Research Scholarship, *Coalition for Education in the Outdoors*, Fall 2013
- Graduate Travel Award, *University of Utah Graduate School*, Fall 2013
- Joseph and Holly Arave Endowed Scholarship in Outdoor Recreation Ethics, *Department of Parks, Recreation, and Tourism*, University of Utah, Spring 2013
- Graduate Travel Award, *University of Utah Graduate School*, Spring 2013
- Graduate Travel Award, *University of Utah Graduate School*, Spring 2011

## **CONTINUING EDUCATION**

### **Conferences and Trainings Attended**

- Wilderness First Responder Recertification (2021); Longleaf Wilderness Medicine

- Wilderness First Responder Recertification (2020); Longleaf Wilderness Medicine; Online
- Association of Outdoor Recreation and Education Conference (2020); Virtual
- Association of Outdoor Recreation and Education Conference (2019); Spokane, WA
- Association of Outdoor Recreation and Education Conference (2018); Snowbird, UT
- Wilderness First Responder Recertification (2018); Longleaf Wilderness Medicine; Spokane, WA
- Developing transparent assignments Workshop (EWU-2018)
- ACA Swiftwater Instructor Certification Course (2017); Dotsero Landing, CO
- Washington State Recreation and Parks Association Conference (2017); Spokane, WA
- Wilderness First Responder Recertification (2017); NOLS Wilderness Medicine; Salt Lake City, UT
- Association of Outdoor Recreation and Education Conference (2016); Minneapolis, MN
- Getting to know EWU and its students using NSSE Data Workshop (EWU-2016)
- AAIRE Level I Avalanche Course (2016); Leavenworth, WA
- “Got your Six” Seminar (2015); Eastern Washington University, WA
- Association of Experiential Education Conference (2015); Portland, OR
- National Outdoor Leadership School Faculty Summit (2015); Lander, WY
- Association of Experiential Education Conference (2014) Chattanooga, TN
- National Outdoor Leadership School Faculty Summit (2014); Lander, WY
- Wilderness Education Association Conference (2014); Salt Lake City, UT
- Coalition for Education in the Outdoors Conference (2014); Bradford Woods, IN
- National Recreation and Parks Association Conference (2013); Houston, TX
- Wilderness Education Association Conference (2013); Black Mountain, NC
- Association of Outdoor Recreation and Education Conference (2012); Snowbird, UT
- National Outdoor Leadership School Faculty Summit (2012); Lander, WY
- 1<sup>st</sup> International Symposium on Speak Up and Speaking Out: Working for Social and Environmental Justice through Parks, Recreation, Tourism, and Leisure (2012); Salt Lake City, UT
- Wilderness Education Association Conference (2011); Estes Park, CO
- Association of Outdoor Recreation and Education Conference (2009); San Diego, CA

### **Center for Teaching and Learning Excellence Workshops**

- October 2014: *Developing Effective Syllabi*
- November 2013: *Maximizing the Effectiveness of Student Course Feedback*
- September 2013: *Active Learning in your Classroom*
- August (2010-2014): *Instructor and Teaching Assistant Workshops*