

**Eastern Washington University**  
**Department of Wellness and Movement Sciences**  
RCLS 201: Recreation and Leisure in Modern Society  
Winter 2022  
10:00 – 10:50am Monday - Thursday • PEC 104

**Instructor:** Dr. Matthew Chase, Professor, Recreation and Tourism Management

**Email:** [mchase@ewu.edu](mailto:mchase@ewu.edu)

**Zoom URL:** <https://ewu.zoom.us/j/5093597964>

**Class Meets:** Monday - Thursday (10:00 – 10:50am) in **PC 104**

**Matt's Office:** 242 Physical Education Building

**Office Hours:** Tuesday and Wednesday (11:00am – 1:00pm)

### **Course Description**

This course explores the intricacies that recreation and leisure play in society and in your individual life. Together, we study the conceptual foundations and the significant functions of play, recreation, and leisure, along with the history, theory, and new research findings in contemporary leisure. Personal needs, habits, and life goals are explored in relationship to quality of life along with future trends influencing society and the environment. In our textbook, leisure is presented as a human phenomenon that is individual and collective, vital and frivolous, historical and contemporary, good and bad. The course includes discussion of job possibilities, professional preparation, and ethical standards for the practitioner regarding diverse populations and programs of recreation and leisure in today's society.

### **Instructional Methods and Materials**

Lecture, discussion, small group projects, student presentations, engaged learning activities, cooperative learning, field experiences

### **Text**

Russell, R. (2020). *Pastimes: The Context of Contemporary Leisure* (7<sup>th</sup> ed.). Sagamore: Urbana, IL.

\*Additional readings may be assigned and will be posted on Canvas

### **Learning Outcomes**

By the end of this course:

1. Understand the theory, scope, environmental, and economic impact of the leisure services field globally through case studies and research (7.01).
2. Understand the historical, scientific, and philosophical foundations of the recreation and leisure field. (7.01).
3. Examine personal needs, habits, and life goals through worksheets and activities, which could be implemented with future constituents (7.01).
4. Recognize basic facts, concepts, and principles guiding the provision of recreation programs (7.01).

**COAPRT/Program Learning Outcomes to be addressed in this class:**

**7.01a:** Students graduating from the program shall demonstrate the following entry-level knowledge: a) the nature and scope of the relevant park, recreation, tourism or related professions and their associated industries;

**7.01b:** Students graduating from the program shall demonstrate the following entry-level knowledge: b) techniques and processes used by professionals and workers in these industries;

**7.01c:** Students graduating from the program shall demonstrate the following entry-level knowledge: c) the foundation of the profession in history, science and philosophy.

**Grading and Evaluation Procedures**

Criteria for evaluation in this class include ordinary standards of good writing (clear expression; accurate punctuation, grammar, and spelling; well organized) and meeting specifications of individual assignments. Assignments must be handed in on or before announced deadlines. Assignments must be typed (12-point font) and double-spaced. All required assignments must be completed to earn a course grade of C or higher.

Grades will be assigned according to normal university standards, (which includes an assumption of basic literacy in English)

<b>RCLS Grade Scale</b>			
Grade	Percentage	Grade	Percentage
<b>A</b>	94 - 100	<b>C</b>	74 - 76
<b>A-</b>	90 - 93	<b>C-</b>	70 - 73
<b>B+</b>	87 - 89	<b>D+</b>	67 - 69
<b>B</b>	84 - 86	<b>D</b>	64 - 66
<b>B-</b>	80 - 83	<b>D-</b>	60 - 63
<b>C+</b>	77 - 79	<b>F</b>	59 and below

*Final grades will be assigned according to the following breakdown:*

<b><u>Assignments</u></b>	<b><u>Points</u></b>
Attendance	40 pts.
Participation	20 pts.
Final Exam	50 pts.
Reading Quizzes	30 pts.
Leisure Benefits	50 pts.
Taking a Stand	60 pts.
Professional Interview	50 pts.
Professional Interview Presentation	<u>50 pts.</u>
	<b>350 points</b>

### **Assignments - Details**

All assignments are due on the dates AND times specified. All work will be **turned in on time**. Ten percent (10%) will be deducted for each day an assignment is late.

Assignments will not be accepted after 4 days. If a “special circumstance” arises related to the timely delivery of an assignment, please speak to the instructor **prior to due date**. Refer to Canvas regularly to stay on top of due dates. Exams can only be taken on the day for which they are scheduled. A doctor’s note (or the equivalent for other scenarios) is required to make up exams a student may have missed.

- **Attendance and Participation (60 pts.):**

**Attendance (40 pts.)** is crucial for the success of this class. After (3) free absences, students will lose 20 points, per absence, of their attendance grade. If a student misses more than 5 days for any unexcused reason (see university policy regarding excused absences), he or she will need to retake the course. Please do not call me to indicate that you might miss a class. Attendance means that students are in class, for the entire class. Late arrival or early departures break up the flow of the class and are not fair to your peers. If a student misses’ class, it is his or her responsibility to get notes and the information missed from other students in the class.

**Participation (20 pts.)** is also important for the success of this class. I expect people to prepare in advance of class sessions, to participate, and to be active and engaged learners. This means:

1. No cell phones out during class. I will provide a few warnings regarding cell-phone use and then I will stop reminding people to put it away. Phone use in class will result in a lower attendance/participation grade.
2. Students may use a laptop to take notes; however, if a person rarely looks up from his or her computer or seems to be completely engrossed in whatever it is on the screen, the student will lose points. This is a significant distraction to me and the class.
3. Be engaged! Answer questions posed in class and ask questions!
4. Points will be deducted from the attendance/participation grade for non-participation.

- **Final Exam (50 pts.)** Students will have the opportunity to complete a final exam worth 50 points at the end of the quarter. Anything discussed in class is fair game for an exam (this includes assigned readings). Exams will vary in style: multiple choice, true/false, short-answer, fill-in-the-blank, and matching.
- **Reading Quizzes (30 pts.):** Students will take (3) online reading quizzes over the course of the quarter (weeks 2,4, and 7). The quizzes will be (10) questions in length and will be worth ten points each, for a total of 30 points over the quarter.
- **Leisure Benefits (50 pts.):** Students will reflect on the benefits they receive from leisure pursuits. See Canvas for full details.

- **Take a Stand (60 pts.):** Students are asked to write a paper in order to justify RCLS as a choice of major and a potential career. Non- majors will address the importance of RCLS to society. See Canvas for full details.
- **Professional Interview & Presentation (100 pts.):** Students will find a professional in the field they want to pursue and will interview this professional. After completing the interview, students will write a short paper and present their findings in class. See Canvas for full details.

### Field Trips

There is potential for a field trip in this class. Please be flexible with this excursion as changes in schedule are always a possibility. More information will be provided in class.

### Written Assignment Policies

All written assignments are required to meet the following criteria unless noted otherwise:

- 12pt. Times New Roman
- Be completed in Microsoft Office (e.g., Word, Excel, PPT, etc.).
- Be double-spaced and in the appropriate format for the assignment.
- Include page numbers and subtitles.
- Front page must include the following:
  - Named title of assignment
  - Student's name
  - Name and number of course
  - Date assignment or paper is due
  - Instructor name (Dr. Matthew Chase)
  - Meet **APA Publication Manuscript style**, i.e., references, citing (direct and paraphrased quotes, headings, etc.)
- **Edit** all work for grammar, spelling, word choice, etc. Deductions will be taken for poor editing.
- All work will be **turned in on time**. 10% will be deducted for each day an assignment is late. Assignments will not be accepted after 4 days.
- Most assignments will be submitted through Canvas.

### Academic Integrity

- 1) Violations of academic integrity will not be tolerated. Examples of academic dishonesty include misrepresenting others' work as your own, failure to provide proper citations in written text, stealing or destroying material intended for the use of other students, using notes or cell phones during exams, taking photographs of exams, assisting others during exams, copying someone else's work, letting his or her work be copied. **Any** violation of academic integrity for any assignment in this class may result in an XF grade **for the course as a whole**. An XF grade indicates that you failed the course for violating EWU's policy on academic integrity. For additional information regarding this issue, refer to the following link  
<http://access.ewu.edu/Undergraduate-Studies/Curriculum-and-Policies/Academic->

[Integrity.xml](#).

- 2) Any form of academic dishonesty will be documented and reported to the Vice Provost for Undergraduate Affairs. A student who cheats on a test, quiz or homework assignment (copying someone else's work, letting his or her work be copied, talking or sharing a calculator during an exam and other forms of cheating) will receive a zero on the assignment or assessment. Another incidence of cheating may result in a grade of XF for the quarter. (XF on a transcript indicates that a student received a 0.0 because he or she cheated.) For additional information regarding this issue, refer to the following link <http://access.ewu.edu/Undergraduate-Studies/Curriculum-and-Policies/Academic-Integrity.xml>.
  
- 3) EWU expects the highest standards of academic integrity of its students. Academic honesty is the foundation for a fair and supportive learning environment for all students. Personal responsibility for academic performance is essential for equitable assessment of student accomplishments. The university supports the faculty in setting and maintaining standards of academic integrity. Charges of academic dishonesty are reviewed through a process that allows for student learning and impartial review. EWU's academic integrity policy is available online at: <http://access.ewu.edu/Undergraduate-Studies/Curriculum-and-Policies/Academic-Integrity.xml>
  
- 4) **Statement on plagiarism and academic fraud:** Broadly speaking, plagiarism occurs when an author uses the words, ideas, and/or phrasing of another author (either directly or in paraphrase) without proper attribution. Cutting and pasting sentences, paragraphs, or entire articles written by someone else into your essay and then submitting it as your own is the obvious example. However, academic fraud is broader than this. For example, if you use the words of another author but fail to put quotation marks around them, that's plagiarism. Or if you put quotation marks around them but fail to provide a citation, that's plagiarism too. Using the notes or class materials of another student in the completion of an exam or other assignment (whether it's an in-class or take-home exam), is cheating. If you *provide* your notes/class materials to another student who then uses them to complete an assignment, that could be defined as cheating too.

In addition, there's a difference between collaboration and collusion. Collaboration involves things like talking, thinking, or brainstorming with your fellow students and is generally encouraged. Collusion occurs when that collaboration results in the submission of identical or substantially similar work by two or more students and is always frowned upon. There is a difference between careless academic practice and the outright intent to deceive, and sanctions for such offenses can be modulated depending on the professor's view of the seriousness of the offense. The point is that you need to be triple-extra sure about what sorts of collaboration are permitted by your instructors and which aren't. Do not assume anything! Just because a certain kind of collaboration has not been expressly prohibited by an instructor does not

mean it's permitted. Just because some professors permit collaboration does not mean they all do.

Any student found guilty of plagiarism or other academic fraud in this class will automatically receive a 0.0 grade for the course. I reserve the right to refer especially serious instances of academic fraud (e.g. an obvious intent to deceive) to the appropriate university authorities and request the more serious sanction of an X/F grade for the course. Please consult with me if you're even slightly unsure of what this all means.

EWU's academic integrity policy is available online at:

<http://access.ewu.edu/Undergraduate-Studies/Curriculum-and-Policies/Academic-Integrity.xml>

**Students with Disabilities:** Eastern Washington University is committed to providing support for students with disabilities. If you are a student with a physical, learning, emotional, or psychological disability and need an accommodation, you are encouraged to contact the office of Student Accommodations & Support Services (SASS). They can be reached at 509-359-6871, 509-359-7458 or [dss@ewu.edu](mailto:dss@ewu.edu) [www.ewu.edu/dss](http://www.ewu.edu/dss).

### **Equal Opportunity/Affirmative Action**

No person shall, on the basis of age, race, religion, color, gender, sexual orientation, gender identity, national origin or disability, be excluded from participation in, or be denied the benefits of, or be subjected to discrimination under any program or activity of Eastern Washington University. Eastern Washington University adheres to affirmative action policies to promote diversity and equal opportunity for all faculty and students.

### **Student Conduct**

Students are subject to the University's Student Conduct Code, which has been promulgated as a chapter in the Washington Administrative Code (WAC) at Ch. 172-120. This code protects the interests of the University in providing an atmosphere supportive of student learning. In this class, students are expected to treat other individuals with respect and to engage in the learning activities assigned. Distractive, disruptive, irrelevant or inappropriate behavior will not be tolerated.

### **Time Commitment**

As per the guidelines for Eastern Washington University, for each credit hour spent in a lecture-discussion setting in the classroom, per week, requires 2-hours of outside preparation time. This is a 3 credit-hour class - students can expect to put in up to 6-hours per week outside of the classroom with preparation, reading, and project assignments.

### **Withdrawal/ Incomplete**

If it becomes necessary for a student to withdraw from the course, it is his or her responsibility to do so. To receive an incomplete (X), a student must be passing the course when a verifiable documented emergency occurs after the last withdrawal date.

**Syllabus Disclaimer**

This syllabus has been created as a guide to the class and is as accurate as possible. However, all information is subject to be modified as class needs change. Any changes will be discussed with the class in advance, and will also be posted and documented on the Canvas Announcement page.