

Eastern Washington University
Fall 2021
RCLS 240 Overview of Therapeutic Recreation

Masks Required.

COVID-19 Safety Protocols: As of the start of the fall 2021 semester, everyone is required to wear a face mask while attending this course. EWU requires all persons to wear masks while attending in-person activities for this course. Students who fail to abide by this safety protocol will be reminded of the protocol and asked to comply. If a student continues to not comply, the instructor may ask the student to leave the learning environment on an emergency basis due to the threat to others' health and safety. The student will not be allowed back in the learning environment until the student meets the safety protocols. This absence may impact the student's grade and will be counted as an unexcused absence. The student may also be referred to Student Rights & Responsibilities for failure to comply with EWU Policy 602-02 (Immunization) and the Governor's and university directives. If a student is not able to comply with the face mask protocol due to medical or disability-related reasons, they should immediately contact Student Accommodations and Support Services and request an accommodation.

Although this course is being offered in person, the university reserves the right to modify the method of delivering the course for health and safety reasons.

Instructor:

Laree Shanda, CTRS/R

General Information:

E-mail: Lshanda@ewu.edu

Class Meets: MTWR 9-9:50AM

Location(s): 111

Office: PEC 237

Office Hours: Please take the time to visit during my office hours at least once in the quarter. If you cannot make any of my office hours, please let me know so that we can schedule an alternative time. It's important!

Monday 11:30am – 1:00pm; Wednesday 1:00 - 2:30 am; or by appointment

Required Text(s):

Carter, M.J. & VanAndel, G. E. (2011). *Therapeutic Recreation. A Practical Approach.* (4th Edition) Long Grove, IL: Waveland Press

Catalog/Course Description:

Focuses on understanding the basic problems, needs, and strengths of all disability groups in relation to developing and implementing therapeutic recreation programs and Recreational Therapy treatment planning.

COAPRT/Program Learning Outcomes to be addressed in this class:

7.01b - Students graduating from the program shall demonstrate knowledge of techniques and processes used by professionals and workers in these industries.

7.02 - Students graduating from the program shall be able to demonstrate the ability to design, implement, and evaluate services that facilitate targeted human experiences and that embrace personal and cultural dimensions of diversity.

7.03 - Students graduating from the program shall be able to demonstrate entry-level knowledge about operations and strategic management/administration in parks, recreation, tourism and/or related professions.

Course Objectives:

Upon completion of the course, the student will –

1. develop a greater understanding of the attitudes and self-concepts of people with disabilities towards themselves and towards their illness or disability.
2. develop a greater understanding of the societal attitudes and stigma related to functional deficits and illness/disability.
3. develop an understanding of biopsychosocial limitations imposed by stigma, illness and/or disabilities as they relate to leisure involvement.
4. develop an understanding of the role of the therapeutic recreation professional as an advocate for services based on assessed needs.
5. will develop an understanding of the roles of the recreation therapist and their service delivery system for a wide variety of individuals with special needs.
6. gain knowledge and understanding of diverse leisure services delivery system and the role of the professional in providing access to recreational opportunities for clients.
7. gain overview knowledge of terminology, and an understanding of the psychological, sociological, physiological, and historical significance of Therapeutic Recreation.
8. have a basic understanding of the problems, needs, and strengths associated with various populations in order to implement and develop appropriate recreational programs & programs for integration of recreation.

Academic Dishonesty: It is a violation of the Eastern Washington University Student Conduct Code to represent the work of others as your own (plagiarism), fabricate research data, or to cheat on exams. Such acts of academic dishonesty can result in failure of the course and be subject to disciplinary action from the University. If you have any questions about academic integrity, please be sure to contact the instructor or read the EWU Academic Integrity Policy, which is located on the EWU web site.

ADA Statement: Eastern Washington University is committed to providing support for students with disabilities. If you are a student with physical, learning, emotional, or psychological disabilities needing an accommodation, you are encouraged to stop by Disability Support Services (DSS), TAW 124 or call **509-359-6871**.

Diversity Statement: Eastern Washington University is committed to providing a welcoming and inclusive environment for ALL students.

Email Policy: All email correspondence MUST include a subject line. Be courteous. Be professional. Proofread before sending. Realize that every email I receive takes time to respond to. Please take the time composing your email that I will take to reply to your email. If you do not include a subject line in your email, you run the risk of me not responding at all. ****Check syllabus AND Assignment Formats (both available on Canvas) for the answer to your question BEFORE emailing me! ****

Late Policy: Assignments must be submitted via Canvas, *unless otherwise indicated*.

Generally, I will not accept assignments that are more than four days late. If, however, a “special circumstance” does arise let me know *BEFORE* or *ON* the due date and arrangements can be made.

One - two days late = 25% reduction in grade

Three - four days late = 50% reduction in grade

More than four days late = 0.0 for the assignment

Attendance Policy: 100 points, of your total course grade, come from attendance and participation in class discussion and completion of homework, questions, and activities assigned IN CLASS, during lecture. Classes are in-person, until further notice.

If you miss more than 15% of class time, you will have to retake the course. For this 4 credit course, you will be required to retake the course after the 7th hour missed. You will still lose points per every unexcused absence (- 2.5 points per unexcused absence).

Written Assignment Policy:

All written assignments MUST adhere to APA Publication Manuscript style **and...**

- Must be TYPED in 12 POINT FONT
- Must be Double-spaced
- Include Numbered pages
- Have a cover sheet listing Course Number and Name, Student’s name, Date assignment is due, and Assignment Title

Major Assignments and Evaluation:

Midterm Exam	100
Final Exam	100
Attendance (via live lectures or alternate assignment after viewing recorded lecture)	100
Chapter Study Questions <i>due weekly via Canvas</i>	100 <i>Becoming a Helper</i>
Professional Applications Paper	100

TOTAL 500

Grading scale for academic year 2020-2021

(with a minimum grade of a C required in every class)

A	94-100
A-	90-93
B+	87-89
B	84-86
B-	80-83
C+	77-79
C	74-76
C-	70-73
D+	67-69
D	64-66
D-	60-63
F	<59

RCLS 240 WEEKLY SCHEDULE

Week One –September 22 & 23

Syllabus Review

Overview of the RT/TR profession

Distinction between providing clinical interventions and providing recreational programs

Week Two – September 27-30

Chapter 1. Becoming a Member of a Profession

Chapter 2. Discovering the Roots of a Profession

Study Questions (for Chapter 1 AND 2) due Friday on Canvas

Week Three – October 4-7

Chapter 3. Becoming a Helper

Study Questions due Friday on Canvas

Week Four – October 11-14

Chapter 6. Musculoskeletal, Neurological, and Neuromuscular System Impairments

Physical Domain Considerations

Becoming A Helper Professional Applications Paper DUE THURSDAY ON CANVAS!

Study Questions due Friday on Canvas

Week Five – October 18-21

Chapter 7. Sensory and Other Hidden Impairments Study

Questions due Friday on Canvas

MIDTERM EXAM (chapters 1, 2, 3, & 6)

Week Six – October 25 - 28

Chapter 8. Cognitive Impairments

Study Questions due Friday on Canvas

Week Seven – November 1 - 4

Chapter 9. Psychological/Psychiatric Impairments

Study Questions due Friday on Canvas

Week Eight – November 8-10

Chapter 10. Social Impairments

Study Questions due Friday on Canvas

Week Nine – November 15 - 18

Chapter 11. Children and Youth in Health-Care Settings

Study Questions due Friday on Canvas

Week Ten – Week of November 22

Chapter 12. The Aging Process

Study Questions due Friday on Canvas

Week Eleven – November 29 – December 2

Catch up

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FINAL EXAM – December 7th 8:00-10:00

Chapters 7, 8, 9, 10, 11, & 12

NOTE: Instructor retains the option of making the final a comprehensive exam. Students will be notified by November 18th, 2021 if the final will cover all chapters of the book, plus lectures.